

**Curriculum Vitae: July 2017****JONATHAN G. KIMMES**

Department of Family and Child Sciences  
College of Human Sciences  
218 Sandels Building  
Florida State University  
Tallahassee, Florida 32306-1491  
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**EDUCATION**

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Kansas State University, Manhattan, KS

Ph.D., May 2016

Family Studies and Human Services

Specialization: Marriage and Family Therapy

Dissertation: *Perception in young adult romantic relationships: A latent profile analysis of trait mindfulness in relation to attachment and attributions*

Chair: Dr. Jared A. Durtschi

Purdue University Calumet, Hammond, IN

M.S., May 2013

Child Development and Family Studies

Specialization: Marriage and Family Therapy

Thesis: *Self-other overlap as a mediator between dyadic empathy and relationship satisfaction*

Chair: Dr. Anne B. Edwards

Winona State University, Winona, MN

B.A., May 2010

Psychology

**PROFESSIONAL EXPERIENCE**

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2016 – Present Assistant Professor, Family and Child Sciences, Florida State University,  
Tallahassee, FL

**PROFESSIONAL CREDENTIALS**

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2016 – Present Licensed Marriage and Family Therapist, State of Michigan, Department of  
Licensing and Regulatory Affairs. License Number: 4101006700.

2016 – Present Approved Supervisor, American Association for Marriage and Family Therapy.

## PUBLICATIONS

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### Manuscripts Published in Professional Journals

- Kimmes, J. G.**, & Heckman, S. J. (in press). Parenting styles and college enrollment: A path analysis of risky human capital decisions. *Journal of Family and Economic Issues*. Advance online publication. doi:10.1007/s10834-017-9529-4
- Kimmes, J. G.**, Mallory, A. B., Spencer, C., Beck, A. R., Cafferky, B., & Stith, S. M. (in press). A meta-analysis of risk markers of intimate partner violence in same-sex relationships. *Trauma, Violence, & Abuse*. Advance online publication. doi:10.1177/1524838017708784
- Kimmes, J. G.**, Durtschi, J. A., & Fincham, F. D. (in press). Perception in romantic relationships: A latent profile analysis of trait mindfulness in relation to attachment and attributions. *Mindfulness*. Advance online publication. doi:10.1007/s12671-017-0708-z
- Barros-Gomes, P., **Kimmes, J. G.**, Smith, E., Cafferky, B., Stith, S. M., & Durtschi, J. A. (in press). The role of depression in the relationship between psychological and physical intimate partner violence. *Journal of Interpersonal Violence*. Advance online publication. doi:10.1177/0886260516673628
- Durtschi, J. A., Soloski, K. L., & **Kimmes, J. G.** (2017). Coparenting and parental stress as predictors of trajectories in relationship quality across the transition to parenthood and relationship dissolution. *Journal of Marital and Family Therapy*, 43(2), 308–321. doi:10.1111/jmft.12194
- Kimmes, J. G.**, & Durtschi, J. A. (2016). Forgiveness in romantic relationships: The roles of attachment, attributions, and empathy. *Journal of Marital and Family Therapy*, 42(4), 645–658. doi:10.1111/jmft.12171
- Knapp, D. J., Durtschi, J.A., Clifford, C. E., Barros-Gomes, P., **Kimmes, J. G.**, & Sandberg, J. (2016). Dyadic relationships between self-esteem and attachment involvement. *Personal Relationships*, 23, 111-123. doi:10.1111/pere.12114
- Sibley, D. S., Schmidt, A., & **Kimmes, J. G.** (2015). Applying a contextual therapy framework to treat panic disorder: A case study. *Journal of Family Psychotherapy*, 26(4), 299-317. doi:10.1080/08975353.2015.1097285
- Kimmes, J. G.**, Durtschi, J. A., Clifford, C. E., Knapp, D. J., & Fincham, F. D. (2015). The role of pessimistic attributions in the association between anxious attachment and relationship satisfaction. *Family Relations*, 64(4), 547-562. doi:10.1111/fare.12130

**Kimmes, J. G.**, Mallory, A., Cameron, C., & Kose, O. (2015). A treatment model for anxiety-related sexual dysfunctions using mindfulness meditation within a sex-positive framework. *Sexual and Relationship Therapy*, 30(2), 286-296. doi:10.1080/14681994.2015.1013023

Sibley, D. S., **Kimmes, J. G.**, & Schmidt, A. (2015). Generating new stories of commitment in couple relationships by utilizing the sliding versus deciding framework. *Journal of Family Psychotherapy*, 26(1), 68-73. doi:10.1080/08975353.2015.1002745

**Kimmes, J. G.**, Edwards, A., Wetchler, J. L., & Bercik, J. (2014). Self and other ratings of dyadic empathy as predictors of relationship satisfaction. *American Journal of Family Therapy*, 42(5). doi:10.1080/01926187.2014.925374

Turns, B. A., & **Kimmes, J. G.** (2013). "I'm not the problem!" Externalizing children's "problems" using play therapy and developmental considerations. *Contemporary Family Therapy*, 36(1) 135-147. doi:10.1007/s10591-013-9285-z

#### Book Chapters

Durtschi, J. A., \*Brown, C., \***Kimmes, J. G.**, & Cui, M. (2017). Healthy marriage and responsible fatherhood. In J. Carlson & S. Dermer (Eds.), *The SAGE encyclopedia of marriage, family, and couples counseling*. Fourth edition. (763-765). Thousand Oaks, CA: Sage. doi:10.4135/9781483369532.n232

\*Indicates equal authorship

#### Manuscripts Invited for Resbmission

Spencer, C., Mallory, A. B., Cafferky, B., **Kimmes, J. G.**, Beck, A. R., & Stith, S. M. Mental health factors and their links to IPV perpetration and victimization: A meta-analysis. *Psychology of Violence*.

**Kimmes, J. G.**, May, R. W., Seibert, G. S., Jaurequi, M. E. & Fincham, F. D. The dyadic effects of trait mindfulness on cardiovascular reactivity to marital conflict. *Mindfulness*.

#### Manuscripts Under Review

**Kimmes, J. G.**, Jaurequi, M. E., May, R. W., Srivastava, S., & Fincham, F. D. Context matters: Emerging attention to context in mindfulness research. *Journal of Marital and Family Therapy*.

Morgan, P., Durtschi, J. A., & **Kimmes, J. G.** Sexual and relationship satisfaction associated with shifts in dyadic trajectories of depressive symptoms in German couples across four years. *Journal of Marital and Family Therapy*.

Mallory, A. M., Spencer, C., **Kimmes, J. G.**, & Pollitt, A. Remembering the good times: Changes in relational nostalgia and relationship satisfaction over time. *Journal of Marital and Family Therapy*.

Seibert, G. S., Jaurequi, M. E., Cooper, A. N., May, R. W., **Kimmes, J. G.**, & Fincham, F. D. Examining the relationship between occupational burnout and sleep disturbance in a close relationship context: The role of self-control. *Journal of Marital and Family Therapy*.

#### Manuscripts in Progress

**Kimmes, J. G.** Exploring the links between attachment, mindfulness, and forgiveness in romantic relationships.

**Kimmes, J. G.** Be mindful with me: Relationship mindfulness, stress, and communication in married couples.

Durtschi, J. A., & **Kimmes, J. G.** The effects of romantic relationship functioning during pregnancy and obstetric viability.

Mallory, A. B., Spencer, C., Beck, A. R., **Kimmes, J. G.**, & Stith, S. M. Methodological considerations for research on intimate partner violence in same-sex couples.

Carlos Chavez, F. L., Wolford, S. N., **Kimmes, J. G.**, May, R. W., & Fincham, F. D. Examining the self-forgiveness process of intrapersonal transgressions among college students: A mixed-methods pilot study.

#### Nonrefereed Reports

Anderson, J. R., Dietz, S., Hardy, N., **Kimmes, J. G.**, Gilmore, P., Bloom, L., & Pilato, A. (2015). *State of the Family: Kansas Child & Family Wellbeing Indicators*. Manhattan, KS: Kansas State University and the Kansas Department for Children and Families.

Anderson, J. R., Hardy, N., **Kimmes, J. G.**, Luu, S., Gilmore, P., Bloom, L., & Pilato, A. (2014). *State of the Family: Kansas Child & Family Wellbeing Indicators*. Manhattan, KS: Kansas State University and the Kansas Department for Children and Families.

#### PRESENTATIONS

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Carlos Chavez, F. L., **Kimmes, J. G.**, Wolford, S. N., May, R. M., & Fincham, F. D. (accepted). Towards a mixed-methods approach in the self-forgiveness process: Examining situational factors and emotional determinants among college students. Paper to be presented at 8th Annual Conference on Emerging Adulthood. Washington, D.C.

- Wolford, S. N., Carlos Chavez, F. L., **Kimmes, J. G.**, & Fincham, F. D. (accepted). Intrapersonal transgressions and the self-forgiveness process: A mixed-methods study unveiling internalized emotional experiences in college students. Paper to be presented at 8th Annual Conference on Emerging Adulthood. Washington D.C.
- Jaurequi, M. E., May, R. W., **Kimmes, J. G.**, Seibert, G. S., & Fincham, F. D. (2017, May). Measuring trait and dyadic mindfulness in romantic relationships. Poster presentation at the 29th Annual Convention of the Association for Psychological Science. Boston, MA.
- Mallory, A. B., **Kimmes, J. G.**, Spencer, C., Beck, A. R., & Stith, S. M. (2016, November). Risk markers for physical violence in same-sex relationships: A meta-analysis. Paper presentation at the National Council on Family Relations Annual Conference. Minneapolis, MN.
- Beck, A. R., Dharnidharka, P., Mallory, A. B., **Kimmes, J. G.**, Spencer, C. Stith, S. M. (2016, September). Adult attachment and intimate partner violence: A meta-analysis. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Indianapolis, IN. (Awarded as "Cutting-Edge Research")
- Durtschi, J. A., Morgan, P., **Kimmes, J. G.**, Brown, C., Beck, A. R. (2016, September). Mental health treatment disparities in couples therapy. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Indianapolis, IN.
- Mallory, A. B., **Kimmes, J. G.**, Spencer, C., Beck, A. R., Stith, S. M. (2016, September). Risk markers for same-sex physical intimate partner violence. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Indianapolis, IN.
- Mallory, A. B., **Kimmes, J. G.**, Spencer, C., Beck, A. R., Cafferky, B., Stith, S. M. (2016, July). Risk markers for physical intimate partner violence in same-sex couples and methodological considerations. Paper presentation at the International Family Violence and Child Victimization Research Conference. Portsmouth, NH.
- Kimmes, J. G.**, Durtschi, J. A., Conover, S., & Hiser, M. (2015, November). Forgiveness in romantic relationships: Exploring the role of mindfulness. Poster presentation at the National Council on Family Relations Annual Conference. Vancouver, Canada.
- Durtschi, J. A., **Kimmes, J. G.**, & Brown, C. (2015, November). Relationship quality during pregnancy and newborn child health. Paper presentation at the National Council on Family Relations Annual Conference. Vancouver, Canada.
- Deitz, S., Vennum, A., **Kimmes, J. G.**, Conner, S., Dharnidharka, P., & Tran, K. (2015, November). "For this achievement you get 3 hearts": Relationship focus group findings. Poster presentation at the National Council on Family Relations Annual Conference. Vancouver, Canada.

- Conner, S., Vennum, A., **Kimmes, J. G.**, Deitz, S., Dharnidharka, P., & Bialas, M. (2015, November). Expanding tools for wellness through mobile health (mHealth). Poster presentation at the National Council on Family Relations Annual Conference. Vancouver, Canada.
- Kimmes, J. G.**, & Heckman, S. J. (2015, November). Risky higher education decisions and family dynamics: What role for parents? Paper presentation at the 2015 Association for Financial Counseling and Planning Education Research & Training Symposium, Jacksonville, FL.
- Sibley, D. S., Vennom, A., Brown, C., **Kimmes, J. G.**, Mallory, A. B., Busk, P., & Washburn, M. (2015, October) "We're just talking": Constructing a new trend in emerging adulthood romantic relationship formation. Poster presentation at the Conference on Emerging Adulthood. Miami, FL.
- Kimmes, J. G.**, & Durtschi, J. A. (2015, September). Parental involvement and adolescent alcohol use. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Austin, TX.
- Kimmes, J. G.**, & Durtschi, J. A. (2015, September). Attachment and forgiveness in romantic relationships. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Austin, TX.
- Durtschi, J. A., **Kimmes, J. G.**, & Brown, C. (2015, September). Differentiation and attachment: An empirical comparison. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Austin, TX.
- Knapp, D. J., Durtschi, J. A., Clifford, C. E., Barros-Gomes, P., **Kimmes, J. G.**, & Sandberg, J. (2015, September). Individual self-esteem and partner attachment behaviors. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Austin, TX.
- Schachtner, L., Durtschi, J. A., **Kimmes, J. G.**, & Brown, C. (2015, September). Growth mixture modeling: First-time parents' relationships. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Austin, TX. (Awarded as "Cutting-Edge Research")
- Morgan, P., Durtschi, J. D., **Kimmes, J. G.**, & Brown, C. (2015, September). Date nights linked with relationship quality trajectories and dissolution. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Austin, TX.
- Conner, S., Vennum, A., Deitz, S., **Kimmes, J. G.**, McVey, K., & Cook, E. (2015, September). Promoting relationship health through technology. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Austin, TX.

- Stephenson, C., & **Kimmes, J. G.** (2015, March). Communicating love: Relational outcomes and love languages. Poster presentation at the Kansas State University Research Forum. Manhattan, KS.
- Dodson, A., McMillan, B., Hiser, M., Brown, C., Mallory, A. B., & **Kimmes, J. G.** (2015, March). We're "just talking": A gender role transition. Poster presentation at the Kansas State University Research Forum. Manhattan, KS.
- Durtschi, J. A., & **Kimmes, J. G.** (2014, November). Expressed appreciation and classes of trajectories in relationship quality. Paper presentation at the National Council on Family Relations Annual Conference. Baltimore, MD.
- Kimmes, J. G.**, & Durtschi, J. A. (2014, November). Empathy and relationship satisfaction in marriage: An interpersonal process. Poster presentation at the National Council on Family Relations Annual Conference. Baltimore, MD.
- Kimmes, J. G.**, Edwards, A., Wetchler, J. L., & Bercik, J. (2014, October). Self and other ratings of dyadic empathy and relationship satisfaction. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Milwaukee, WI.
- Kimmes, J. G.**, Durtschi, J. A., Clifford, C. E., Knapp, D. J., & Fincham, F. D. (2014, October). Attributions and attachment in relationship satisfaction. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Milwaukee, WI.
- Durtschi, J. A., & **Kimmes, J. G.** (2014, October). Romantic relationships in pregnancy predict fetal health. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Milwaukee, WI.
- Clifford, C. E., Durtschi, J. A., **Kimmes, J. G.**, Knapp, D. J., & Hardy, N. (2014, October). My partner doesn't like me: The effect of fearing partner disapproval on future commitment to partner. Poster presentation at the American Association for Marriage and Family Therapy Annual Conference. Milwaukee, WI.
- Kimmes, J. G.**, Cameron, C., & Kose, O. (2013, March). Mindfulness meditation exercises in treating anxiety-related disorders in sex therapy. Poster presentation at the Indiana Association for Marriage and Family Therapy Spring Conference. Indianapolis, IN.
- Kimmes, J. G.**, Edwards, A., Wetchler, J. L., Bercik, J. (2013, March). Self-other overlap as a mediator between dyadic empathy and relationship satisfaction. Poster presentation at the Indiana Association for Marriage and Family Therapy Spring Conference. Indianapolis, IN.

Turns, B. A., & **Kimmes, J. G.** (2013, March). Externalizing children’s “problems” using play therapy and developmental considerations. Poster presentation at the Indiana Association for Marriage and Family Therapy Spring Conference. Indianapolis, IN.

## **RESEARCH EXPERIENCE**

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- 2015 – 2016 Graduate Research Assistant, Kansas State University, Manhattan, KS  
 Supervisor: Sandra Stith, Ph.D.  
 Responsibilities: Assisted in conducting a meta-analysis as a part of an effort funded by the U.S. Air Force. Developed protocol for screening and coding of articles for meta-analysis involving same-sex intimate partner violence.
- 2015 Graduate Research Assistant, Kansas State University, Manhattan, KS  
 Supervisor: Stuart Heckman, Ph.D.  
 Responsibilities: Participated in the conceptualization and execution of a research investigation involving the link between parenting styles and young adult decisions regarding enrollment in higher education institutions.
- 2013 – 2015 Graduate Research Assistant, Kansas State University, Manhattan, KS  
 Supervisor: Jared Durtschi, Ph.D.  
 Responsibilities: Wrote syntax and organized large panel datasets; ran structural equation modeling-based analyses using Mplus, SPSS, and AMOS; assisted with development of surveys for a longitudinal study of U.S. Military couples.
- 2014 Graduate Research Assistant, Kansas State University, Manhattan, KS  
 Supervisor: Jared Anderson, Ph.D.  
 Responsibilities: Contributed to design of evaluation procedures for the Kansas Department for Children and Families’ Strong Dads Program; analyzed Kansas nonprofit organizations in terms of populations served and geographic location.
- 2011 – 2013 Research Assistant, Institute for Social and Policy Research at Purdue University Calumet, Hammond, IN  
 Supervisors: Thomas Pavkov, Ph.D. and Rebecca Stankowski, Ph.D.  
 Responsibilities: Participated in data analysis, writing, and editing processes for a multi-year mini-grant program aimed at youth suicide prevention.

## **CONTRACTS AND GRANTS**

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### Contracts and Grants Funded

**Kimmes, J. G.** (PI). (May 2017–August 2017). *Comparing trait mindfulness and mindfulness in the context of romantic relationships: An examination of their associations with relationship outcomes*. Funded by the Council on Research & Creativity, Florida State University. Total award: \$20,000.



**Kimmes, J. G.** (PI). (July 2014–July 2015). *Mindfulness and the process of forgiveness in adult children of alcoholics*. Funded by the Substance Abuse and Mental Health Administration (SAMHSA) through the American Association for Marriage and Family Therapy Minority Fellowship Program. Total award: \$7,000.

#### Contracts and Grants Pending

**Kimmes, J. G.** (PI), & Fincham, F. D. (Co-PI). (July 2017). *Preventing intimate partner violence using an online mindfulness-based training: A randomized controlled trial*. Submitted to The Harry Frank Guggenheim Foundation.

#### **TEACHING EXPERIENCE**

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- 2016 – Present    Assistant Professor, Family and Child Sciences, Florida State University, Tallahassee, FL  
*CHD 5617 Professional Development in Family and Child Sciences*  
*FAD 3432 Stress and Resilience in Individuals and Families*  
*FAD 5906 Directed Individual Study: Analysis of Self-Forgiveness Events for Intrapersonal Transgressions*
- 2013 - 2016      Graduate Instructor, Kansas State University, Manhattan, KS  
*FSHS 110 Introduction to Human Development*  
*FSHS 300 Mindful Living*
- 2014              Graduate Teaching Assistant, Kansas State University, Manhattan, KS  
*FSHS 910 Advanced MFT Research Methods*
- 2010 – 2013      Graduate Instructor, Purdue University Calumet, Hammond, IN  
*PSY 120 Introduction to Psychology*  
*BHS 210 Statistics for the Behavioral Sciences*
- 2008 – 2009      Teaching Assistant, Winona State University, Winona, MN  
*PSY 231 Psychological Statistics*

#### **CLINICAL EXPERIENCE**

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- 2015 – 2016      Therapist Intern, Pawnee Mental Health Services, Manhattan, KS  
 Responsibilities: Treated individuals and families with a wide range of presenting problems. Employed a variety of theoretical frameworks in facilitating clients' progress toward collaboratively established goals.
- 2013 – 2015      Therapist Intern, Kansas State Family Center, Manhattan, KS  
 Responsibilities: Provided therapeutic services for individuals, couples, and families who struggle with substance abuse, depression, posttraumatic stress disturbances, and marital conflict.

- 2014 Therapist Intern, Junction City Freshman Success Academy, Junction City, KS  
Responsibilities: Worked with students struggling with a family-, relationship-, and academic-oriented problems. Coordinated their treatment based on communication with the student, teachers, and parents.
- 2011 – 2012 Therapist Intern, The Success Center, Lansing, IL  
Responsibilities: Led substance abuse prevention program for students of Hoover Elementary School in Calumet City, Illinois; worked with individuals, couples, and families to disrupt maladaptive patterns of interaction.
- 2010 – 2011 Therapist Intern, Purdue Couple and Family Therapy Center, Hammond, IN  
Responsibilities: Facilitated a substance abuse group and a suicide survivor support group; provided anger management therapy and substance abuse therapy to court-mandated clients.
- 2010 School Counseling Intern, Winona Senior High School, Winona, MN  
Responsibilities: Counseled high school students under supervision; enhanced students' awareness of educational and social resources within the community.

### **SUPERVISORY EXPERIENCE**

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- 2014 – 2016 Clinical Supervisor, Kansas State Family Center, Manhattan, KS

### **OTHER WORK AND VOLUNTEER EXPERIENCE**

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- 2009 – 2010 Direct Support Trainee, Home and Community Options, Winona, MN
- 2009 – 2010 Volunteer, Winona County Restorative Justice, Winona, MN
- 2008 – 2009 Volunteer, Youth Service Bureau, Cottage Grove, MN

### **SERVICE**

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#### Florida State University Department Service

- 2017 Member, Synergy Committee
- 2017 Member, Search Committee for Assistant Professor
- 2016 – Present Member, Scholarship Committee

#### The Profession

- 2016 – Present Editorial Board Member, *Journal of Marital and Family Therapy*

- 2017 Ad Hoc Reviewer, *Motivation and Emotion*
- 2017 Ad Hoc Reviewer, *Journal of Social and Personal Relationships*
- 2017 Ad Hoc Reviewer, *Journal of Sex & Marital Therapy*
- 2016 Ad Hoc Reviewer, *Sexual and Relationship Therapy*
- 2016 Reviewer, Undergraduate Research and Creative Inquiry Competition, College of Human Sciences, Kansas State University
- 2013 – 2015 Apprentice Reviewer, *Journal of Marital and Family Therapy*
- 2015 Proposal Reviewer, National Council on Family Relations

#### **ADDITIONAL RESEARCH AND CLINICAL TRAINING**

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- 2015 Stats Camp, Meta-Analysis Course, Grapevine, TX.  
Instructor: Noel Card, Ph.D.
- 2015 AAMFT Minority Fellowship Program Winter Training Institute
- 2014 AAMFT Minority Fellowship Program Winter Training Institute

#### **ORGANIZATIONAL MEMBERSHIPS**

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- 2016 – Present Clinical Member, Florida Association for Marriage and Family Therapy
- 2016 – Present Clinical Member, American Association for Marriage and Family Therapy
- 2014 – Present Student Member, National Council on Family Relations
- 2010 – 2016 Student Member, American Association for Marriage and Family Therapy
- 2013 – 2016 Student Member, Kansas Association for Marriage and Family Therapy
- 2010 – 2013 Student Member, Indiana Association for Marriage and Family Therapy

#### **HONORS AND AWARDS**

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- 2013 – 2015 AAMFT/SAMHSA Doctoral Fellowship of the Minority Fellowship Program, awarded by the American Association of Marriage and Family Therapy and the Minority Fellowship Program

- 2014 AAMFT Master's Thesis Award, American Association of Marriage and Family Therapy
- 2014 Journal of Marital and Family Therapy PhD Apprentice Reviewer of the Year, Journal of Marital and Family Therapy
- 2014 Helen Jones Manus Memorial Scholarship, Kansas State University
- 2013 – 2014 Timothy R. Donoghue Scholarship, Kansas State University
- 2010 – 2012 Graduate Distinction Scholarship, Purdue University
- 2010 Outstanding Student Award, Winona State University
- 2009 Kerry Williams Memorial Scholarship, Winona State University
- 2007 – 2009 Alliss Scholarship, Winona State University