

## Curriculum Vitae

### Ebony C. Iheanacho-Dike

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<b>EDUCATION</b>	<b>Doctor of Philosophy, Marriage &amp; Family Therapy</b> Florida State University, Tallahassee, FL	Fall 2018
	<b>Master of Science, Marriage &amp; Family Therapy</b> Valdosta State University, Valdosta, GA	August 2014
	<b>Bachelor of Science, Child &amp; Family Studies (Cum Laude)</b> Minors, Business Administration & Sociology Louisiana State University, Baton Rouge, LA	May 2011
<b>LICENSURE</b>	<b>Registered Marriage &amp; Family Therapist Intern, FL</b>	September 2014

#### RESEARCH EXPERIENCE

- **Research Intern at FSU Better Health and Life for Underserved Populations (BHL Center) (Jan. 2015- May 2016)**
  - *Conducted and disseminated community-based health research to underserved populations in North Florida (Principal Investigator: Dr. Penny A. Ralston).*
- **Research Associate Volunteer at FSU Better Health and Life for Underserved Populations (BHL Center) (Sept. 2016)**
  - *Collected participant data at Health for Hearts United Leadership Institute Meet & Greet event (Principal Investigator: Dr. Penny A. Ralston).*
- **Graduate Assistant HRSA NEPR Grant worker at Valdosta State University (Aug. 2012 – June 2014)**
  - *Produced grant evaluation reports to comply with renewal specifications (Dr. Anita G. Hufft).*

#### PUBLICATIONS

- Roblyer, M. Z., ApanecatI-Ibarra, E., Douglas, J. R., Merten, M. J., **Iheanacho-Dike, E. C.**, & Gryzwacz, J. G. (Invited for revise and resubmission). Parents' Perspectives on the Life Trajectories of Mixed-Status Latino Siblings. *Family Relations*.
- **Iheanacho-Dike, E. C.**, Ferrill, J., Montgomery, J. E., Carlos, F. L., & Gonzales-Backen, M. A. (In Progress). Perceived discrimination and physical health among immigrants: The mediating role of mental health. *Family, Systems, and Health*.
- Carlos, F. L., Gonzales-Backen, M. A., **Iheanacho-Dike, E. C.**, Schwartz, S. J., & Fincham, F. D. (In Progress). Acculturative Stress and Psychological Well-being among Latino College Students: The Protective Role of Religious Identity. *Hispanic Journal of Behavioral Sciences*.
- **Iheanacho-Dike, E. C.**, Ralston, P. A., Yong-Clark, I., & Coccia, C. C. (In progress). Intent to avoid high fat consumption, fat consumption, and perceived stress in mid-life and older African Americans.
- Rivera, P. M., Heiden-Rootes, K. M., Nguyen, H. N., **Iheanacho-Dike, E. C.** (In progress).

## Multicultural Training in MFT: A Content Analysis.

### RESEARCH PRESENTATIONS

- **Iheanacho-Dike, E. C.**, London-Johnson, A., Ferrill, J., & Srivastava, S. (proposal accepted 2017). *Child bilingualism and academic attainment: moderation by parental behavior*. Lightning Paper – Challenges and Strengths/Resiliency at the 2017 National Council for Family Relations (NCFR). Orlando, FL. (National)
- Montgomery, J. E. M., **Iheanacho-Dike, E. C.**, Ferrill, J. (proposal accepted 2017). *Racial-Ethnic Activities in Transracially Adoptive Families*. Research discussion at the 2017 American Association of Marriage and Family Therapy Annual Conference (AAMFT). Atlanta, GA. (National)
- **Iheanacho-Dike, E. C.**, Ralston, P. A., Yong-Clark, I., & Coccia, C. C. (proposal accepted 2016). *Intent to Avoid Fat Food Consumption and Perceived Stress in Mid-Life and Older African Americans*. Poster presentation at the 21st IAGG World Congress of Gerontology and Geriatrics. Global Aging and Health: Bridging Science, Policy, and Practice (IAGG). San Francisco, CA. (International)
- **Iheanacho-Dike, E. C.**, Ferrill, J., Carlos, F. L., & Gonzales-Backen, M. A. (2016, October). *Understanding the immigrant experience: How mental health mediates the relationship between perceived discrimination and self-reported physical health*. Poster presentation at The Collaborative Family Healthcare Association 18<sup>th</sup> Annual Conference (CFHA). Charlotte, NC. (National)
- Carlos, F. L., Gonzales-Backen, M. A., **Iheanacho-Dike, E.C.**, Schwartz, S. J., & Fincham, F. D. (2016, March). *Acculturative Stress and Psychological Well-being among Latino College Students: The Protective Role of Religious Identity*. Poster presentation at Society for Research of Adolescence Biennial Meeting (SRA). Baltimore, MD. (International)
- **Iheanacho-Dike, E. C.**, & Gonzales-Backen, M. A. (2016, February). *Mediating role of mental health on discrimination and physical health*. Research & Creativity Day, Florida State University. (Department)
- **Iheanacho, E. C.** (2015, February). *Racial Discrimination, Minority Mental and Physical Health*. Oral presentation at MFP Winter Training Institute, Arlington, VA.
- **Iheanacho, E. C.** (2013, September). *Assessing the Cultural Competency Needs of the Partnership for Health Clinic*. Poster presentation at Albany State University Health Disparities Conference, Albany, GA (State).
- Bryan, E., Fidler, R., Hamilton, R., & **Iheanacho, E. C.** (2013, April). *Researching Treatments of Eating Disorders*. Poster presentation at Annual South Georgia Regional MFT Student Conference at Valdosta State University, Valdosta, GA. (Regional).

### TEACHING EXPERIENCE

- **Instructor of Record at Florida State University: FAD 2230 Family Relationships: A Life Span Development Approach (Spring 2017)**
  - (Overall Instructor Rating: 3.62/5, 180 students).
- **Instructor of Record at Florida State University: FAD 4265 Family Diversity (Summer 2016)**
  - (Overall Instructor Rating: 3.74/5, 30 students).
- **Guest Lecture at Florida State University: FAD 4601 Foundations of Counseling (Spring 2016; Feb. 18, 2016)**

- *Presented guest lecture on active listening.*
- **Teaching Assistant with Department of Family & Child Sciences at Florida State University**
  - *FAD 2230 – Family Relationships: A Life Span Development Approach: (Spring / Fall 2016)*
  - *CHD 2220 – Child Growth and Development: The Foundation Years (Fall 2015)*
  - *FAD 3343 – Contexts of Adult Development and Aging (Summer 2015)*
  - *CHD 3243 – Contexts in Adolescent Development: Online (Spring 2015)*
  - *FAD 2230 – Family Relationships: A Life Span Development Approach: Online (Fall 2014)*

## CLINICAL EXPERIENCE

- **Marriage and Family Therapist at Better Living Solutions (May 2017 – June 2017)**
  - *Provide mental health services to eating disorder clients in intensive outpatient program. (Site Supervisor: Danielle Shelton, MM, MT-BC, CEDCAT).*
- **Substance Abuse Counselor at Apalachee Center – Gadsden County (June 2017)**
  - *Facilitate substance abuse assessments and treatment for outpatient clients in under-served area of Florida. Provide clinical data for program's SAMHSA funded grant program. (Site Supervisor: Rodney Renfro, Case Manager).*
- **Clinical Intern at Center for Couple & Family Therapy (Aug. 2014- Dec. 2016)**
  - *Conducted systemic individual, couple, and family therapy sessions with community-based population and mandated clients in the Tallahassee area; and gained over 200 hours of direct client contact. (Supervisor: Dr. Larry Barlow & Dr. Kristen Greene).*
- **Clinical Intern at Family Works MFT clinic (Aug. 2013 – July 2014)**
  - *Provided therapeutic services that included: individual, couple, and family therapy as well as performed community outreach; and gained over 700 hours of total client contact (Supervisor: Dr. Martha Laughlin).*
- **Clinic Intake worker at Family Works MFT clinic (Aug. 2012 – July 2013)**
  - *Coordinated daily activities that included: scheduling sessions based on therapist and room availability, handling fees for service, and marketing for therapy clinic (Supervisor: Dr. Martha Laughlin).*
- **Clinical Intern at Partnership for Health Center (Aug. 2013– May 2014)**
  - *Created and provided group therapy for Heart to Heart program, a diabetes support group for uninsured-working adults (Supervisor: Carol Morgan, R.N.).*

## PROFESSIONAL ASSOCIATIONS

- **Glenn Honor Society (April 2017 – Present)**
  - *Student member*
- **Sisters of the Academy (Jan. 2017 – Oct. 2017)**
  - *Student member*

- **Collaborative Family Healthcare Association (May 2016 – Present)**
  - *Student member*
- **Tallahassee Association Marriage Family Therapy (July 2016 - Present)**
  - *Member-at-Large*
- **Kappa Omicron Nu Honor Society (Apr. 2016 - Present)**
  - *Student member*
- **FSU Fellows Society member (Aug. 2014 – Present)**
  - *Student member*
- **Florida Association of Marriage & Family Therapy (Aug. 2013– Present)**
  - *Preclinical Fellow*
- **American Association of Marriage & Family Therapy (Aug. 2013– Present)**
  - *Preclinical Fellow*

## PROFESSIONAL SERVICE

- **American Association of Marriage and Family Therapy Minority Fellowship Program Mentor (Oct. 2017 – Present)**
  - *Mentor current MFP-Y (master's degree level fellows) with professional development.*
- **Professional Assistant with Director of MFT PHD Program (May – Jul. 2017)**
  - *Assist FSU's Marriage and Family Therapy PhD program director to prepare and complete COAMFTE accreditation requirements including program reports and plans for program improvements.*
- **FSU Graduate Policy Committee Student Representative (Oct. 2016)**
  - *Selected as student representative and reported student opinions on the strengths and opportunities of college's graduate programs with review board.*
- **CFHA Annual Conference Student Volunteer (Oct. 2016)**
  - *Provided assistance to Collaborative Family Healthcare Association conference registration, sessions, and presentations.*
- **AAMFT Annual Conference Abstract Reviewer (Nov. 2015)**
  - *Selected as American Association of Marriage & Family Therapy annual conference abstract reviewer for 2016 National Conference.*
- **FAMFT Annual Conference Student Volunteer (Oct. 2015)**
  - *Assisted conference coordinator in program operations during two-day conference and created diversity award certificates for recipients.*
- **MLK Jr. Dare to Dream volunteer (Jan. 2015)**
  - *Assisted community coordinators in local Martin Luther King Jr. Day event operations.*
- **FSU MFT Doctoral Interview student co- chair (Dec. 2014 – Feb. 2015)**
  - *Coordinated doctoral program applicants with interview travel, room, and board for doctoral applicants.*
- **Center for Couple & Family Therapy FSU Campus Crisis Intervention Counselor volunteer (Nov. 2014 & Dec. 2015)**
  - *Offered free counseling services for students affected by school and community shootings.*
- **FSU Fellows Society Forum Proposal Competition participant (Nov. 2014 & Nov. 2015)**

- *Gained valuable experience creating an event proposal for Spring semester.*
- **GAMFT Spring Conference student volunteer (May 2014)**
  - *Aided coordinator in fulfilling the needs of the conference.*

## **HONORS/ AWARDS**

- Wood-Parramore Scholarship Recipient (2017-2018)
- American Association of Marriage & Family Therapy Minority Fellowship Program: (MFP-Doctoral Fellow) (Aug. - Jul. 2014-2015; 2015-2016; 2016-2017).
- Collaborative Family Health Association Conference Student Volunteer Scholarship (Oct. 2016)
- May Watson Conner Graduate Scholarship Recipient (2016-2017)
- FSU Fellows Society: 2016 Fellows Forum Proposal Team Winner (Apr. 2016)
- Dr. Ava D. Rogers Endowed Scholarship Recipient (2015-2016)
- Invited to Fellows Luncheon to meet FSU's Robert O. Lawton Professors and Distinguished Faculty (Jan. 2015).