

Kelli George, RD |

428 Sandels Building, Tallahassee, FL 32306 | Florida State University | ksg15c@my.fsu.edu

EDUCATION

Florida State University, Tallahassee, FL
PhD in Nutrition and Food Science
Expected Graduation: August 2020

2016-Present

Virginia Polytechnic Institute and State University, Blacksburg, VA
B.S. in Human Nutrition, Foods, and Exercise
Areas of Concentration: Dietetics, Exercise and Health Promotion

2014

TEACHING EXPERIENCE

Osher Lifelong Learning Institute at Florida State University
Instructor – “Functional Foods and Human Health”
Collaborated on curriculum and developed course structure

2017

Florida State University

Graduate Teaching Assistant in “Functional Foods and Human Health”

2016-Present

Working under Bahram H. Arjmandi, graded all written work, organized all online materials, and met with students upon request

Guest Lecturer in “Science of Nutrition”

2016

Lectured on the topics of fluid balance and electrolytes

RELATED EXPERIENCE

Florida State University

Graduate Research Assistant

May – December 2016

Working under supervisors Dr. Bahram H. Arjmandi and Dr. Jeong-su Kim, responsible for participant recruitment, laboratory methods, and manuscript preparation

Virginia Commonwealth University Health Systems

Dietetic Internship

January – December 2015

A comprehensive program in a 1,125 bed hospital concentrating in Medical Nutrition Therapy including 18 weeks of Clinical Nutrition, 4 weeks of Community Nutrition, and 12.5 weeks of Food Service Systems Management

- Coordinated, honed, and presented nutrition education classes to diabetic patients
- Completed 2 weeks of pediatric specialized nutrition
- Accomplished 9 weeks of nutrition support experience in the Cardiac Surgery ICU and Medical Respiratory ICU
- Educated diabetic children during 1 week long summer camp
- Enhanced Sports Nutrition knowledge at American Family Fitness
- Strengthened community relations alongside a Martin’s Grocery Store Dietitian through community outreach

Virginia Polytechnic Institute and State University

Sports Nutrition Employee

2014

Working under the university’s Sports Dietitian, assisted athletes in nutrition choices for pre-and post- workout

Virginia Cooperative Extension

Student Volunteer

2014

Adapted recipes and gave cooking demonstrations for the farmer’s market community to promote healthy food choices, promoted and participated in the SNAP challenge, created a farmer’s market promotional video

PUBLICATIONS AND PAPERS

Abstracts

Kelli S. George, Sarah A. Johnson, Shirin Pourafshar, Negin Navaei, Bahram H. Arjmandi. "The Effects of Soy Protein Supplementation on Lipid Profiles and Bone Biomarkers." Experimental Biology (EB) Annual Meeting, Chicago, Illinois, 2017.

Elizabeth M. Foley, Shirin Pourashar, Negin Navaei, Neda S. Akhavan, Kelli S. George, Elizabeth E. Kenny, Bahram H. Arjmandi. "The Effects of Ipriflavone, Isoflavone, and 17b-Estradiol on Body Composition in Hamster Models of Ovariectomy." Experimental Biology (EB) Annual Meeting, Chicago, Illinois, 2017.

Kelli S. George, Neda S. Akhavan, Shirin Pourafshar, Negin Navaei, Elizabeth M. Foley, Elizabeth A. Clark, Bahram H. Arjmandi. "Association of Magnesium with Blood and Urinary Bone Biomarkers in Osteopenic Postmenopausal Women." American Society for Bone and Mineral Research (ASBMR) Annual Meeting, Atlanta, Georgia, 2016.

Shirin Pourafshar, Negin Navaei, Neda S. Akhavan, Elizabeth M. Foley, Kelli S. George, Bahram H. Arjmandi. "Dried Plum Supplementation on Partial Geometrical Changes of Bone in Ovariectomy-Induced Sprague-Dawley Rats." American Society for Bone and Mineral Research (ASBMR) Annual Meeting, Atlanta, Georgia, 2016.

Elizabeth M. Foley, Neda S. Akhavan, Shirin Pourafshar, Negin Navaei, Elizabeth A. Clark, Kelli S. George, Bahram H. Arjmandi. "Ovariectomized Rats with a Healed Fracture Have an Increased Propensity to Subsequent Fracture." American Society for Bone and Mineral Research (ASBMR) Annual Meeting, Atlanta, Georgia, 2016.

REGISTRATIONS AND CERTIFICATIONS

Basic X-Ray Machine Operator – Florida Department of Health

Registered Dietitian – Commission on Dietetic Registration