

Shar'Dane Harris

sdh15@my.fsu.edu
803-466-1533

230 Sandels Building
Tallahassee, FL 32304

EDUCATION

Florida State University
Doctor of Philosophy, Marriage and Family Therapy

Tallahassee, FL
May 2021

Florida State University
Education Specialist, Counseling and Human Systems
Masters of Science, Counseling and Human Systems
Concentration: Mental Health Counseling

Tallahassee, FL
May 2017

Clemson University
Bachelor of Arts, Psychology

Clemson, SC
May 2015

RESEARCH EXPERIENCE

Florida State University, Tallahassee, FL
Graduate Research Assistant

January 2016-January 2017

- Composed literature reviews on current and previous empirical studies regarding African American women in higher education
- Collected data from participants through qualitative survey measures created on Qualtrics
- Coded qualitative data according to themes and patterns using Nvivo qualitative data analysis software
- Analyzed data and organized data into proper folders on Dropbox
- Constructed follow-up interview questionnaire for Research Boot Camp participants
- Composed written reports containing purpose of the study, participants involved, test measures used, and analysis of data

Clemson University, Clemson, SC
Courage Research Creative Inquiry Member
Sports Courage/Goals and Risks

August 2012-May 2015

- Created test measures to assess participants' level of courage when engaged in sports
- Gathered data from participants via online and in person surveys
- Coded data and compiled data into Microsoft Excel Spreadsheet
- Analyzed data through use of t-test
- Translated data into formulated results
- Conducted literature reviews of prior research examining goals and risks in our daily lives.
- Drafted written reports of results and their significance

CLINICAL EXPERIENCE

Center for Couple and Family Therapy, Tallahassee, FL
August 2017-Present

Marriage and Family Intern

Bethel Family Counseling, Tallahassee, FL

May 2016-April 2017

Mental Health Counseling Intern

- Assess clients individually and evaluate needs, values, and presenting issues
- Administer biopsychosocial, substance abuse, and risk and harm assessments
- Provide weekly outpatient psychotherapy to children, adolescents, college students, adults, and families
- Maintain confidentiality and adhere to laws and ethical codes
- Implement counseling skills to create a genuine therapeutic alliance with clients
- Evaluate multicultural backgrounds of clients and use appropriate interventions and theories
- Maintain knowledge of common diagnoses and symptomology
- Create individualized treatment plans with clients and apply theories of psychotherapy
- Provide clients with resources and information in the community and via technology

Florida State University, Tallahassee, FL

May 2016-August 2016

Human Services Center, Practicum Trainee

- Provided weekly outpatient psychotherapy to adults, college students, and couples presenting with issues regarding depression, anxiety, panic attacks, disordered eating, grief and loss, infidelity, and interpersonal conflicts
- Formulated case conceptualizations, formed diagnostic impressions, developed intake reports/ case notes, and constructed comprehensive treatment plans.
- Participated in peer supervision, peer observation, individual and group supervision weekly

ACADEMIC AND COMMUNITY INVOLVEMENT

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| • Center for Leadership and Social Change
<i>Student Assistant</i> , Florida State University | August 2015- May 2016 |
| • Capital City Youth Services, <i>Volunteer</i>
Tallahassee, FL | January 2016-Present |
| • Student Athlete Academic Services, <i>Mentor</i>
Florida State University | May 2016-Present |
| • Resilient Intellectual Sisters Emerging (RISE) <i>Co-Founder</i> ,
Columbia, SC | May 2016-Present |
| • Leaders Yearning for Excellence (LYFE) <i>Volunteer</i> ,
Florida State University | October 2016-Present |

PROFESSIONAL MEMBERSHIPS

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| Sisters of the Academy (SOTA), <i>Member</i> | January 2016-Present |
| American Counseling Association (ACA), <i>Student Affiliate</i> | April 2016-Present |