

**SAPNA SRIVASTAVA**  
Department of Family and Child Sciences  
College of Human Sciences  
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## **EDUCATION**

- Ph.D. Florida State University, 2020 (Expected)  
Marriage and Family Therapy
- M.MFT Abilene Christian University, August 2016  
Marriage and Family Therapy
- B.S. University of Texas at Austin, 2011  
Human Development and Family Sciences  
Option III: Families & Personal Relationships

## **EMPLOYMENT EXPERIENCE**

Research Assistant to Dr. Jonathan Kimmes, Assistant Professor, Department of Child and Family Sciences, Florida State University, Tallahassee, FL, August 2016 – present

- Write sections of manuscript in preparation for journal submission
- Accumulate and organize relevant literature for manuscript preparation

Graduate Assistant to Dr. Greg Brooks, Assistant Professor, Clinical Director, Marriage and Family Institute, Abilene Christian University, Abilene, TX, 2015 – 2016

- Accumulated and researched relevant peer-reviewed articles
- Assisted in preparation of course documents and materials

Graduate Worker, Office of Research and Sponsored Programs, Abilene Christian University, Abilene, TX, 2014 – 2016

- Processed Institutional Review Board (IRB) review requests prior to submission to IRB reviewers
- Recorded minutes during full board IRB meetings
- Facilitated communication between researchers and IRB reviewers

Office Manager, Austin Family Institute, Austin, TX, 2012 – 2014

- Oversaw day-to-day administrative operation including over-the-phone intakes, addressing client questions, and weekly deposit accounting
- Supervised undergraduate interns including interviewing, selecting, training, managing, and providing evaluations

## **RESEARCH/ PRESENTATIONS**

Srivastava, S., Schaefer, D., Alexander, A. M., & Bramhall, L. (2016, March). *The process of defining and creating culture in intercultural couple relationships*. Poster presented at the annual conference for the Texas Association for Marriage and Family Therapy, San Antonio, TX.

Ellis, S., Roel, A. M., Srivastava, S., Hall, C. (2016, March). *Auto-rhetorical criticism as a clinical skills development tool*. Poster presented at the annual conference for the Texas Association for Marriage and Family Therapy, San Antonio, TX.

Roel, A. M., Ellis, S., Srivastava, S., Hawkins, L. G., & Hall, C. (2015, October). *The rhetorical imposition of the label 'impoverishment' and its derivatives*. Poster presented at the Healthy Families Conference at Lubbock Christian University, Lubbock, TX.

## **LEADERSHIP**

Executive Vice President, Delta Kappa (Nu chapter), Abilene Christian University, 2015 – 2016

- Supported and assisted president in meetings
- Aided in event organization

First Year Student Representative, Department of Marriage and Family Therapy, Abilene Christian University, Abilene, TX, 2014-2015

- Facilitated collaborative communication between cohort and program faculty
- Communicated student concerns during monthly staff meetings

## **CLINICAL EXPERIENCE**

Therapist Intern, Center for Couple and Family Therapy, Florida State University, Tallahassee, FL, August 2016 – present

- Conduct individualized therapy with diverse couples, individuals, and families presenting with various problems
- Collaboratively establish goals and create treatment plans with clients

Therapist Intern, Marriage and Family Institute, Abilene Christian University, Abilene, TX, February 2015 – July 2016

- Treated individuals, couples, and families from various backgrounds with broad range of presenting problems
- Utilized a variety of theoretical models in creating treatment plans
- Participated in reflecting team process over the course of a semester

Therapist Intern, Medical and Counseling Care Center, Abilene Christian University, Abilene, TX, June 2015 – July 2016

- Worked with university students struggling with a range of presenting issues including depression, anxiety, grief, family and relational conflict, and self-worth

Therapist Intern, Communities in Schools of the Big Country, Abilene, TX, August 2015 – May 2016

- Provided therapeutic support to high school students dealing with family-, health-, and school-related issues

### **PROFESSIONAL ORGANIZATIONS**

American Association for Marriage and Family Therapy, Student Member, 2014 – present

Delta Kappa (Nu Chapter), Abilene Christian University, Executive Vice President, 2015 – 2016

Texas Association for Marriage and Family Therapy, Student Member, 2014 – 2016

### **PROFESSIONAL AND SERVICE ACTIVITIES**

Committee Member, Policy and Procedure Committee, Marriage and Family Institute, Abilene Christian University, Abilene, TX, 2015 – 2016

- Reviewed and updated clinic policies and procedures
- Worked collaboratively with committee to deliberate changes

Volunteer, SafePlace, Austin, TX, 2013 – 2014

- Co-facilitated psycho-educational group for children ages two to fifteen affected by domestic and/or sexual violence
- Gained education on best ways to support survivors of domestic and sexual violence through completing forty hour volunteer training

### **CERTIFICATIONS**

Certified Counselor, *PREPARE/ENRICH*. (November 2014). Certified by Life Innovations, Abilene Christian University.