

**Julia Hollingsworth Jones**

Family and Child Sciences, Florida State University

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Curriculum Vitae

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**EDUCATION****Doctor of Philosophy, *current***

- *Florida State University* – Tallahassee, Florida
- Degree in Marriage and Family Therapy

**Master of Science, June 2017**

- *Brigham Young University* – Provo, Utah
- Degree in Marriage and Family Therapy
- Thesis: Cost Outcomes for Major Depressive Disorder and Bipolar Disorder across Professional License Types and Modalities
- D. Russell Crane, Chair

**Bachelor of Science, December 2004**

- *Brigham Young University* – Provo, Utah
- Degree in Sociology

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**RESEARCH EXPERIENCE****Research Assistant**

January 2017 – June 2017

*Brigham Young University, Lee Johnson, Ph.D., Lead Researcher*

- Assisted with the Practice Research Network (PRN) marketing through: designing webpage content, writing dialog for and assisting in the production of commercial, coordinating research meetings with perspective sites, and creating brochure for site visits

**Research Assistant**

October 2016 – April 2017

*Child and Family Studies Laboratory, Ann Ure, Administrator*

- Conducted focus group with preschool parents to determine needs and concerns with parenting and what they would want out of a parenting course
- Co-created curriculum for a 7-week class for parents of preschool students based on recent research on best practices in parenting interventions
- Taught bi-weekly classes with other instructors
- Evaluated efficacy of program from participant feedback in preparation for ongoing phases of course

**Research Assistant**

September 2015 – December 2017

*Brigham Young University, D. Russell Crane, Ph.D., Chair*

- Compared psychotherapy providers on their outcomes with MDD and BD, as well as comparisons by modality
- Collected information on psychotherapy licensing and regulations around the world, preparing for a conference presentation, gathering video interviews from psychotherapists around the world
- Compiled data bases researchers can use for a book chapter
- Prepared presentation material for AAMFT national conference presentations on psychotherapy treatment outcomes for Alzheimer's and dementia

**Workshop Facilitator**

October 2014 – October 2015

*Brigham Young University, Stephen Duncan, Ph.D., Lead Researcher*

- Study looked at comparison of marriage enrichment formats: online only, in class only, and mixed
- Helped with recruitment of participants, informing relevant contacts, posting fliers
- Taught 3 rounds of classes for couples, six week sessions, two hours a session
- Lesson material focused on Dr. John Gottman's research on marriage, primarily based on his book, The Seven Principles for Making Marriage Work

**Research Assistant**

January 2014 – May 2014

*Brigham Young University, Jeffrey Larson, Ph.D., Lead Researcher*

- Study was a meta-analysis of premarital predictors on marriage outcomes: individual, couple, family of origin, personality and contextual factors
- Coded articles and uploaded into a Comprehensive Meta-Analysis Software (CMA) document
- Created qualitative data spreadsheets regarding personality factors as premarital predictors on marriage outcomes, looking at main findings, future research directions, and clinical and theoretical implications
- Prepared CMA documents for statistical analysis

**Research Assistant**

May 2013 – May 2014

*Brigham Young University, Richard Miller, Ph.D., Lead Researcher*

- Study was a meta-analysis looking at effectiveness of MFT treatment, focused on child externalizing and internalizing behaviors

- Coded studies, transferred information into CMA document
- Trained other students in coding procedure
- Prepared and presented a prize-winning poster at the Mary Lou Fulton conference on externalizing behaviors in children

## TEACHING EXPERIENCE

### Teaching Assistant

August 2017 – current

*Florida State University, Jenna Scott, Ph.D., Instructor*

- Grading assignments
- Responding to student questions and managing online discussion boards

### Teaching Assistant

January 2017 – April 2017

*Brigham Young University, Lee Johnson, Ph.D., Professor*

- Grading assignments and exams

## PRESENTATIONS

The Regulation of Family Therapists Around the World. A 1.5 hour presentation given at the European Family Therapy Conference, September, 2016, Athens, Greece with Eileen Crane, Julia Jones and D. Russell Crane.

The Cost Effectiveness of the Profession and Practice of Marriage and Family Therapy: An Overview of 20 years of Research. A 1.5 hour presentation given at the Utah Association for Marriage and Family Therapy Annual Conference, May 7, 2015, Sandy, UT with D. Russell Crane, Micah Ingalls, Chris Andrew, Megan Story and Julia Jones.

## POSTERS

Cost Effectiveness in the Management of Alzheimer's Disease. A poster presented at the American Association for Marriage and Family Therapy Conference, September 2016, Indianapolis, IN with Megan Story, D. Russell Crane, Chih Han Hsieh, and Julia Jones.

Treatment Outcomes in a University Based MFT Training Clinic. A poster presented at the International Family Therapy Conference, April 2016, Kona, HI with Julia Jones, D. Russell Crane and Jacob Christenson.

Family Therapy and Externalizing Behaviors: A Meta-analysis. A poster presented at the Mary Lou

Fulton Conference, May 2014, Provo, UT with Richard Miller, Li Ping Su, Julia Jones, Kimi Simms, Lindsey Feil, and Melanie Cox.

A Meta-analysis of Family Therapy with Children. A poster presented at the American Association for Marriage and Family Therapy Conference, Milwaukee, WI, 2014, with Richard Miller, Li Ping Su, Julia Jones, Kimi Simms, Lindsey Feil, and Melanie Cox.

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## AWARDS

Graduate Student Society Research Presentation Award Fall 2016, amount: \$400

Marjorie Pay Hinckley Endowed Chair in Social Work and the Social Sciences Conference Travel Grant, 2016, amount: \$1,000

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## PROFESSIONAL EXPERIENCE

### **Registered Marriage and Family Therapy Intern**

August 2017 – *current*

*Florida State University Center for Couple and Family Therapy*

- Conducting therapy sessions with clients
- Maintaining case notes and paperwork

### **Marriage and Family Therapy Intern**

December 2016 – June 2017

*Redwood Family Therapy*

- Conducted therapy sessions with clients, including couples, individuals and families with teens
- Maintained case notes and paperwork
- Prepared letters for court requirements

### **Marriage and Family Therapy Intern**

November 2015 – June 2017

*Brigham Young University Comprehensive Clinic*

- Conducted therapy sessions with clients including couples, individuals and families of young children and teens
- Maintained case notes and paperwork
- Managed client contact and scheduling

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## VOLUNTEER EXPERIENCE

### **AmeriCorps Member**

September 2015 – June 2017

*BYU Comprehensive Clinic, Lauren Barnes, Ph.D., Supervisor*

- Provided therapy services to clients at a low cost clinic
- Mobilized volunteers to do service in the community

### **Summer Program Staff**

June – July 2014

*Wasatch Mental Health, Bryant Jenks, LMFT, Supervisor*

- Children had mental health conditions such as autism, ADHD, and schizophrenia
- Helped children meet their treatment plan goals through reward system and reinforcement techniques
- Taught social skills classes covering empathy, problem solving, and anger management
- Enforced class rules and daily schedule, including lunch, recess, group therapy, art, PE, and excursion days

### **Strengthening Families Staff**

January – April 2014

*Wasatch Mental Health, Bryant Jenks, LMFT, Supervisor*

- Helped teach 14- week parent education class covering topics about problem solving, age appropriate expectations, giving clear and direct requests, handling consequences, decreasing risky behavior, and creating family goals
- Worked with teens and parents in lesson application activities that reinforced what was learned in class
- Assisted families in understanding and practicing the steps to various skills they learned in class, guiding them in successful outcomes
- Reinforced social skills with the families over shared dinner before classes started