
CURRICULUM VITA

Christopher M. Schattinger, M.S., CSCS, CISSN

Florida State University
Department of Food, Nutrition, and Exercise Sciences College of Human Sciences
Telephone: (330) 360-0228
E-mail: cms15j@my.fsu.edu

EDUCATION and TRAINING

- 2017-Present** *Ph.D., Exercise Physiology*
Florida State University
Department of Food, Nutrition, and Exercise Sciences
Mentor: Lynn B. Panton, Ph.D.
- 2015-2017** *M.S., Exercise Physiology*
Emphasis: Sports Nutrition
Florida State University
Department of Food, Nutrition, and Exercise Sciences
Mentor: Lynn B. Panton, Ph.D.
- 2011-2015** *B.S., Exercise Science*
Emphasis: Scientific Foundations
University of South Carolina
Department of Exercise Science
Mentor: Ray W. Thompson, Ph.D.
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PROFESSIONAL EXPERIENCE

- 2016-Present** *Graduate Teaching Assistant*
Florida State University
Department of Food, Nutrition, and Exercise Sciences
- 2016-2017** *Personal Trainer and Staff Supervisor*
Florida State University
Bobby E. Leach Center
- 2013-2015** *Assistant House Manager*
University of South Carolina
Koger Center for the Arts
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LOCAL and REGIONAL REFEREED PROFESSIONAL CONFERENCES

R.I. Doiron, **C.M. Schattinger** and RW. Thompson. “The Effect of Cadence on Metabolic and Respiratory Measures During Incremental Cycle Ergometry to Max.” Southeast Chapter of the American College of Sports Medicine, Jacksonville, FL, February, 2015.

TEACHING EXPERIENCE

Undergraduate

FLORIDA STATE UNIVERISITY

2015-2016 *Functional Anatomy and Physiology II Laboratory PET 3323C*

2017-Present *Applied Exercise Physiology Laboratory APK 3110C*

LABORATORY SKILLS

Human Measures

- VO₂ Max Testing
- Wingate-30 Test
- Blood Pressure
- BIA
- Hydrostatic Weighing
- Skinfold
- Waist/Hip Circumference
- Polar Heart Rate Monitors