Student Handbook

Pre-Professional Athletic Training Program

2018-2019
Table of Contents

Introduction........................................................................................................... 3
Mission Statement................................................................................................. 3
Program Goals....................................................................................................... 4
Program Outcomes................................................................................................ 5
Curriculum/Advising Check Sheet......................................................................... 6
Academic Map....................................................................................................... 8
Admission/Retention/Dismissal............................................................................. 12
Costs/Non-Discrimination Statement.................................................................. 13
Grievance Policy.................................................................................................... 14
Technical Standards............................................................................................. 15
Faculty List........................................................................................................... 17
Reserve Book Listing............................................................................................ 18
Video Reserve Listing........................................................................................... 22
Journal Listing....................................................................................................... 22
WEB Sites............................................................................................................. 23
Clinical Education Requirements......................................................................... 25
Clinical Settings................................................................................................... 26
OSHA/Blood Borne Pathogen Policy..................................................................... 27
Employment Policies............................................................................................. 28
Communicable Disease Policy............................................................................... 29
HIPAA/FERPA....................................................................................................... 31
Confidentiality Statement...................................................................................... 32
Code of Conduct................................................................................................... 34

Appendix

**Policy/Procedure Acknowledgement/Signature Page**
INTRODUCTION

The athletic training program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The athletic trainer’s professional preparation is directed toward the development of specified competencies in the following content areas: risk management and injury prevention; pathology of injuries and illnesses; assessment and evaluation; acute care of injury and illness; pharmacology; therapeutic modalities; therapeutic exercise; general medical conditions and disabilities; nutritional aspects of injury and illness; psychosocial intervention and referral; health care administration; and professional development and responsibilities. Through a combination of formal classroom instruction and clinical experience, the athletic trainer is prepared to apply a wide variety of specific health care skills and knowledge within each of the domains.

Athletic Training Program Mission Statement

The Florida State University’s accredited Athletic Training Program is recognized nationally for providing leading edge coursework and unique clinical experiences in order to individually prepare each student for their professional future in traditional health care settings. Graduates of the program possess the knowledge, skills, character and desire to excel as innovators and life-long learners in health care.

Website:

https://humansciences.fsu.edu/nutrition-food-exercise-sciences/students/undergraduate-programs/majors/athletic-training/
Program Goals – To demonstrate knowledge of the practice of athletic training, to think critically about the practices involved in athletic training, and assume professional responsibility, the graduates of the athletic training education program will:

1. Possess an understanding of risk management and injury prevention and demonstrate the necessary skills to plan and implement prevention strategies.
2. Possess an understanding of the cellular events and reactions and other pathologic mechanisms in the development and progression of injuries, illnesses, and diseases.
3. Possess the ability to assess injuries and illnesses to determine proper care including the referral of the patient to other health care providers when appropriate.
4. Be able to recognize, assess, and treat the acute injuries and illnesses of athletes and others involved in physical activity and to provide appropriate medical referral.
5. Possess an understanding of pharmacologic applications (including awareness of the indications, contraindications, precautions, and interactions of medications) and governing pharmacy regulations relevant to the treatment of injuries, illnesses and diseases associated with the physically active individual.
6. Be able to plan, implement, document, and evaluate the efficacy of therapeutic modalities in the treatment of injuries to and illnesses of athletes and others involved in physical activity.
7. Be able to plan, implement, document, and evaluate the efficacy of therapeutic exercise programs for the rehabilitation and reconditioning of injuries and illnesses.
8. Possess an understanding of medical conditions and disabilities associated with physically active individuals.
9. Possess an understanding of the nutritional aspects of injuries and illnesses.
10. Be able to recognize, intervene, and refer when appropriate, the socio-cultural, mental, emotional, and physical behaviors of athletes and others involved in physical activity.
11. Possess the knowledge and skills to develop, administer, and manage a health care facility and associated venues that provide health care to athletes and others involved in physical activity.
12. Possess the knowledge and skills to understand professional responsibilities, avenues of professional development, and national and state regulatory agencies and standards in order to promote athletic training as a professional discipline and to educate athletes, students of athletic training, the general public, the physically active, and associated individuals.
13. Demonstrate an understanding of the values of privacy of the patient, a teamed approach to practice, legal practice, ethical practice, advancing knowledge, cultural competence and professionalism in the athletic training settings.
14. Pass the National Athletic Trainers’ Association Board of Certification Examination at a rate higher than the national average during any given year.
**PROGRAM OUTCOMES**

To demonstrate knowledge of the practice of athletic training, to think critically about the practices involved in athletic training, and assume professional responsibility, the graduates of the athletic training program will:

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Description</th>
<th>Assessed Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Possess an understanding of risk management and injury prevention and demonstrate the necessary skills to plan and implement prevention strategies.</td>
<td>AT I, Clinical I, Clinical II</td>
</tr>
<tr>
<td>2.</td>
<td>Possess an understanding of the cellular events and reactions and other pathologic mechanisms in the development and progression of injuries, illnesses, and diseases.</td>
<td>A&amp;P Ortho Upper, Ortho Lower Issues in AT</td>
</tr>
<tr>
<td>3.</td>
<td>Possess the ability to assess injuries and illnesses to determine proper care including the referral of the patient to other health care providers when appropriate.</td>
<td>Ortho Upper Ortho Lower Issues Clinical IV, Clinical V, General Med Cl.</td>
</tr>
<tr>
<td>4.</td>
<td>Be able to recognize, assess, and treat the acute injuries and illnesses of athletes and others involved in physical activity and to provide appropriate medical referral.</td>
<td>First Aid/CPR Clinical II, ATI</td>
</tr>
<tr>
<td>5.</td>
<td>Possess an understanding of pharmacologic applications (including awareness of the indications, contraindications, precautions, and interactions of medications) and governing pharmacy regulations relevant to the treatment of injuries, illnesses and diseases associated with the physically active individual.</td>
<td>Modal/Pharm Clinical II</td>
</tr>
<tr>
<td>6.</td>
<td>Be able to plan, implement, document, and evaluate the efficacy of therapeutic modalities in the treatment of injuries to and illnesses of athletes and others involved in physical activity.</td>
<td>Modals/Pharm Clinical II</td>
</tr>
<tr>
<td>7.</td>
<td>Be able to plan, implement, document, and evaluate the efficacy of therapeutic exercise programs for the rehabilitation and reconditioning of injuries and illnesses.</td>
<td>Th. Ex/Lab Clinical V</td>
</tr>
<tr>
<td>8.</td>
<td>Possess an understanding of medical conditions and disabilities associated with physically active individuals.</td>
<td>Issues in AT Gen Med Clinical</td>
</tr>
<tr>
<td>10.</td>
<td>Possess the knowledge to be able to recognize, intervene, and refer when appropriate, the socio-cultural, mental, emotional, and physical behaviors of athletes and others involved in physical activity.</td>
<td>AT II Clinical III</td>
</tr>
<tr>
<td>11.</td>
<td>Possess the knowledge and skills to develop, administer, and manage a health care facility and associated venues that provide health care to athletes and others involved in physical activity.</td>
<td>AT Admin Prof D Clinical VI</td>
</tr>
<tr>
<td>12.</td>
<td>Possess the knowledge and skills to understand professional responsibilities, avenues of professional development, and national and state regulatory agencies and standards in order to promote athletic training as a professional discipline and to educate athletes, students of athletic training, the general public, the physically active, and associated individuals.</td>
<td>AT Admin Prof D Clinical VI</td>
</tr>
<tr>
<td>13.</td>
<td>Demonstrate an understanding of the values of primacy of the patient, a teamed approach to practice, legal practice, ethical practice, advancing knowledge, cultural competence and professionalism in the athletic training settings.</td>
<td>ALL COURSES</td>
</tr>
</tbody>
</table>
# 2018-2019

## Course Requirements for B.S. in Athletic Training with a major in Athletic Training

Note: Some of the 3000 level courses below may be taken in the sophomore year IF prerequisites are met. See Bulletin for PREREQUISITES and further requirements.

<table>
<thead>
<tr>
<th>Name:</th>
<th>AA Degree?</th>
<th>Y</th>
<th>N</th>
<th>Transfer Hours:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major:</td>
<td></td>
<td></td>
<td></td>
<td>From:</td>
</tr>
<tr>
<td>Graduation Date:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### University/College/Departmental Requirements

<table>
<thead>
<tr>
<th>Sem</th>
<th>Course #</th>
<th>Course Title</th>
<th>Grade</th>
<th>Hours</th>
<th>Semester</th>
<th>Pre-Requisites</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>English for Liberal Studies</td>
<td></td>
<td>6</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>MAC 1105</td>
<td>College Algebra</td>
<td>3</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>MAC 1114</td>
<td>Analytic Trigonometry</td>
<td>2</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>MAC 1140</td>
<td>Precalculus Algebra</td>
<td>3</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>STA 2122</td>
<td>Introduction to Applied Statistics</td>
<td>3</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>CHM 1045</td>
<td>General Chemistry I</td>
<td>3</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>CHM 1045L</td>
<td>General Chemistry I Lab (Comp Req.)</td>
<td>1</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>BSC 2010</td>
<td>Biological Science I</td>
<td>3</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>BSC 2010L</td>
<td>Biological Science I Lab (Comp,Req.)</td>
<td>1</td>
<td>F, Sp, S</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>PHY 2053C</td>
<td>College Physics</td>
<td>4</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>HUN 1201</td>
<td>Science of Nutrition (Note: a grade of B- or higher in this course is one of the requirements for entry into this major)</td>
<td>3</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>PSY 2012</td>
<td>General Psychology</td>
<td>3</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>FAD 2230</td>
<td>Family Relationships</td>
<td>3</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>HSC 4711</td>
<td>Wellness/Risk Reduction</td>
<td>3</td>
<td>F, Sp</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>SPC 1017</td>
<td>Fundamentals of Speech (or other course to meet oral communication competency requirement)</td>
<td>3</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Liberal Studies/Graduation Requirements – See Bulletin</td>
<td></td>
<td>12</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Elective Hours (see subplans)</td>
<td></td>
<td>4</td>
<td>F, Sp, S</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Departmental Courses

<table>
<thead>
<tr>
<th>PET 3322 &amp; PET3322L or BSC2085 and Lab*</th>
<th>Functional Anatomy and Phys I (a grade of C+ or higher is required in this course) (a grade of B- or higher is required in this course)</th>
<th>3</th>
<th>F, Sp, S</th>
</tr>
</thead>
<tbody>
<tr>
<td>APK 3110C</td>
<td>Applied Exercise Physiology</td>
<td>4</td>
<td>F, Sp, S</td>
</tr>
</tbody>
</table>

*Students in the AT major may take BSC2085 and L and BSC2086 and L in place of PET3322 and Lab and PET3323c if:

1) A grade of B- or better is earned in both BSC2085 & Lab AND BSC2086 & Lab
2) Courses must be taken in succession (ie PET3322 and L and PET3323c or BSC2085 and L and BSC2086 and L).
### Athletic Training Core Courses

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Title</th>
<th>Grade</th>
<th>Hours</th>
<th>Semester</th>
<th>Pre/Co-requisites</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ATR 1800</td>
<td>Introduction to Athletic Training</td>
<td>1</td>
<td>Sp</td>
<td></td>
<td>2.5 GPA, MAC1105, MAC1140, MAC1114, BSC2010/L, CHM1045/L,HUN1201</td>
</tr>
<tr>
<td>Fall</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ATR 3102</td>
<td>Athletic Training I</td>
<td>3</td>
<td>F</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ATR 4302c</td>
<td>Therapeutic Modalities (or Fall 2nd Year)</td>
<td>3</td>
<td>F</td>
<td>ATR 1800</td>
<td></td>
</tr>
<tr>
<td>ATR 3132</td>
<td>Kinesiology (or Fall 2nd Year)</td>
<td>3</td>
<td>F</td>
<td></td>
<td>PET 3322 + L</td>
</tr>
<tr>
<td>Spring</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ATR 2020</td>
<td>First Aid - Professional Rescuer</td>
<td>2</td>
<td>Sp</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ATR 3213c</td>
<td>Orthopedic Assessment-Lower Ext.</td>
<td>3</td>
<td>Sp</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ATR 4932</td>
<td>Issues in Athletic Training</td>
<td>3</td>
<td>Sp</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fall</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ATR 3012c</td>
<td>Orthopedic Assessment–Upper Ext.</td>
<td>3</td>
<td>F</td>
<td></td>
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</tr>
<tr>
<td>ATR 3512</td>
<td>Athletic Training Administration</td>
<td>3</td>
<td>F</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spring</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ATR 3312</td>
<td>Therapeutic Exercise/Rehabilitation</td>
<td>3</td>
<td>Sp</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### CHOOSE ONE OPTION

#### Pre-Athletic Training Option
- PET 3361 – 3
- APK 3113 – 3
- APK 2001 – 3
- ATR 1810, 2820, 3832, 4842 - 4
- Electives - 8

**AT Option – 21 hours**

#### Pre-Physician Assistant Option
- CHM 1046 and Lab - 4
- MCB 2004 and Lab – 4 or
- MCB4403 and Lab(sp)
- APK 2001 – 3
- CHM 2200(sp,s) and Lab(f,sp,s) – 4 or
- CHM 2210
- Electives – 6

**PA Option – 21 hours**

#### Pre-Physical Therapy Option
- BSC
- 2011 and Lab – 4 CHM
- 1046 and Lab-4 PHY
- 2054C – 4
- PSY – 3-6
- Electives – 3-6

**PT Option – 21 hours**

### Pre-Sports Med Option
- BSC 2011 and Lab – 4
- CHM 1046 and Lab – 4
- PHY 2054C - 4
- CHM 2210 -4
- CHM 2211 – 3
- CHM 2211 Lab – 3
- BCH 4053 - 3
- (Suggested PCB 3063 – 3 Spanish (FL) – 6)

**Med Option - 25 hours**

**ALL STUDENTS WILL COMPLETE THE ATHLETIC TRAINING CORE COURSES AND WILL CHOOSE ONE OPTION FROM ABOVE TO COMPLETE FOR GRADUATION.**

### GENERAL REQUIREMENTS FOR GRADUATION:
- Liberal Studies completed with a 2.0 GPA; completion of Gordon Rule and CLAST
- A Minimum of 120 credit hours
- A Minimum of 60 credit hours at a senior institution
- A minimum of 40 credit hours of 3000-4000 level courses
- Nine credits in summer (only for students enrolling in FSU with less than 60 credit hours)
- Last 30 credit hours at FSU
- Completion of major course requirements; a grade of C- or higher in all required courses (B- or higher in HUN 1201 and C+ or higher in PET3322C); an overall FSU grade point average of 2.5
- A University graduation check with Registrar’s Office (University Center A3900)
- A College graduation check: get clearance form from the NFES Advising Center (207 SAN)
Athletic Training

ACADEMIC MAP (Effective Summer 2017 and after)

This map is a term-by-term sample course schedule. The milestones listed to the right of each term are designed to keep you on course to graduate in four years. The Sample Schedule serves as a general guideline to help you build a full schedule each term. The General Education and Elective courses must be selected to satisfy all area and multicultural requirements unless your program meets these requirements with major courses. Milestones are courses and special requirements necessary for timely progress to complete a major. Missing milestones will result in one of two types of map registration stops. The first level (Degree Map Off-track) is placed following grade posting if the student has missed a milestone (course and/or GPA) for the first time in the major. If a student is in non-compliance with milestones for two (2) consecutive semesters (excluding summers), a Major Change Required stop is placed on the student's registration.

Mapping Coordinator: Matthew Nicewonger
Email: mnicewonger@fsu.edu

Sample Schedule

Term 1

ENC1101 Freshman Composition3
MAC1105 College Algebra 3
HUN1201 Science of Nutrition (B minus or higher)3
PSY2012 General Psychology3
GE Core Humanities/Cultural Practice3

Milestones 1

Complete ENC1101 ( ≥ C minus )
Complete MAC1105 ( ≥ C minus )
Complete HUN1201 ( ≥ B minus)
Term 2

ENC2135 Research, Genre, and Context 3
MAC1140 Pre-Calculus Algebra 3
CHM1045 General Chemistry I and Lab4
GE History3

Milestones 2

Complete ENC2135 (≥ C minus)
Complete MAC1140 (≥ C minus)
Complete CHM1045 and Lab (≥ C minus in each)

Term 3

BSC2010 Biological Science I and Lab4
PET3322 Functional Anatomy & Physiology I (C+ or better) or BSC2085 Anatomy and Physiology I (B minus or better) **3
PET3322L Functional Anatomy & Physiology I Lab (C+ or better) or BSC2085L Anatomy and Physiology I Lab (B minus or better) **1
MAC1114 Analytic Trigonometry2
Elective3

Milestones 3

Complete BSC2010 and Lab (≥ C minus in each)
Complete MAC1114 (≥ C minus)
GPA must be ≥ 2.50
Term 4 hrs

ATR1800 Introduction to Athletic Training1

PET3323C Functional Anatomy and Physiology II w/Lab (C+ or better) or BSC2086 Anatomy and Physiology II and Lab (B minus or better in each) ** 4

GE Requirements10

Milestones 4

Complete ATR1800 with grade of S

Term 5 hrs

ATR3102 Athletic Training I3

Program Option Courses12

Milestones 5

Complete ATR3102 ( ≥ C minus )

Term 6 hrs

FAD2230 Family Relationships3

GE Social Science/Humanities-Cultural Practices3

Program Option Courses9

Milestones 6

No Milestones

Term 7 hrs

SPC1017 or other Oral Communication Competency course3

GE Social Science/Humanities-Cultural Practices3

Program Option Courses9
Milestones 7

Complete a Pre-Graduation check with Registrar

Complete a Pre-Graduation check with Human Science

Term 8 hrs

GE Social Science/History/Humanities-Cultural Practices3

APK3110c Applied Exercise Physiology4

Program Option Courses9

Milestones 8

Apply for graduation in 1st 2 weeks of semester

FSU GPA

Employment Information

** Students in the AT major may take BSC2085 and lab and BSC2086 and lab in place of PET3322 and lab and PET3323C if: (1) a grade of B minus or better is earned in BSC2085 and lab, and (2) courses must be taken in sequence (i.e. PET3322 and lab and PET3323C or BSC2085 and lab and BSC2086 and lab).

Representative Employers: All sports settings, including: colleges and universities, professional sports, clinical medical sites, hospitals, allied health facilities, corporate/industrial, and high schools.

International Opportunities: International study is available for all students and may include opportunities for internships or taking course work towards various majors and minors. International study may have an impact on the MAP; therefore, it is important to consult with the academic advisor before participating. Interested students can find information about international study, research, internships, and service opportunities at: global.fsu.edu/undergraduate-students/going-abroad.

This Map is not a contract, either expressed or implied, between the University and the student, but represents a flexible program of the current curriculum which may be altered from time to time to carry out the academic objectives of the University. The University specifically reserves the right to change, delete or add to any Map at any time within the student's period of study at the University.
Athletic Training Program Admission and Retention Criteria

Limited Access
The Athletic Training Program is a limited access program. A limited access program utilizes selective admission to limit program enrollment. Criteria for selective admission include indicators of ability, performance, creativity, or talent to complete required work within the program. Admission to such programs is governed by the Articulation Agreement and by the State Board of Education rules. Access to the athletic training program is limited by restricting the number of students admitted annually to match the available resources.

Admission Criteria
Students may declare the Athletic Training major as enrolling freshmen and then formally apply to the program during the spring semester. The admission requirements and procedures for the athletic training program at Florida State University include common entry indicators. The common indicators included in each student’s portfolio will be ranked as follows:

1. Florida State University Cumulative grade point average of 2.5 or better based on at least fifteen (15) hours of FSU course work (weighted rank of GPA at 50%)
2. SAT/ACT Scores (weighted rank of SAT/ACT at 25%)
3. Interview Score (weighted rank of interview score at 25%)

In order to be eligible for the interview, the student must complete an application portfolio that includes completed observations, lab skill testing scores, clinical observation log sheets, a resume, three letters of recommendation, official copies of all post-secondary transcripts, SAT scores, and current enrollment in or completion of ATR 1800.

Composite applicant scores, based on the above indicators, are calculated and ranked. The number of athletic training applicants admitted is determined by available vacancies created by graduation. The top-ranking students are then admitted to fill the vacancies.

All Junior College/Transfer students must complete the same requirements as resident students. Completion of clinical courses requires a minimum of 6 semesters.

Retention Requirements
Students must:
- Maintain a minimum cumulative FSU GPA of 2.50. Students whose overall GPA falls below 2.50 will be placed on probation for one semester.
- Maintain a minimum semester GPA of 2.5. Two semesters < 2.5 results in dismissal
- Achieve a B- or better in each required AT course.
- Receive satisfactory(S) CP assessments of student. Students who receive unsatisfactory (US) assessments will be placed on probation for the remainder of the semester (if the US is received on the mid-term assessment) or for the first half of the subsequent semester (if the US is received on the end of semester assessment). Two unsatisfactory assessments (either mid-term or end of semester) can result in dismissal.
- Obtain student liability insurance.
- Maintain current Professional Rescuer First Aid/CPR certification
- Obtain the Hepatitis B Vaccine.
- Complete a pre-participation physical.
- Attend OSHA and blood borne pathogen training and abide by all OSHA regulations.
- Meet the published technical standards of the program.

*Endorsement for taking the BOC exam will be withheld until all curriculum requirements have been met and official grades are posted.

Probation Actions- two probation actions will result in automatic dismissal from the ATP.

Dismissal
Students may be dismissed for any of the following reasons:
- Two semesters with < 2.5 GPA
- Cumulative FSU GPA falling below a 2.5 and inability to achieve this requirement after one semester probation.
- Unsatisfactory Mid Term Assessment during probation period.
- Unsatisfactory End of Semester Assessment during probation period
Athletic Training Program Estimated Annual Student Costs:

Cost of Pre-Participation Physical/EKG: $125 (returner) – $365 (first-year)

Athletic Training Program Student Liability Insurance: $15 – 25

Criminal Background Check: $ 60-95


The Florida State University (University) is committed to a policy of non-discrimination for any member of the University's community on the basis of race, creed, color, sex, religion, national origin, age, disability, veteran's or marital status, or any other protected group status. This policy applies to faculty, staff, students, visitors, applicants, and contractors in a manner consistent with applicable federal and state laws, regulations, ordinances, orders and rules, and University's policies, procedures, and processes.

The University's standards of civility and collegiality recognize the dignity and value that each person contributes. In pursuing its mission of excellence as a comprehensive, graduate-research university with a liberal arts base, it is the policy of the University to create and maintain a harmonious, high performing work and educational environment. It is management's intent for the work environment to be conducive to the betterment of the University.

The University realizes that there is an advantage in incorporating diversity and inclusion to achieve its mission and objectives. Further, it is the aim of the University in all lawful ways to carry forward its mission by:

- Ensuring accessibility of programs (including athletics), services and activities;
- Implementing policies and procedures that ensure that opportunities are available equitably to all;
- Building a multidimensional, diverse workforce reflective of availability;
- Fostering leadership and direction that promotes an accountable, highly participatory, effective institution of higher learning at all levels; and
- Communicating the same to all individuals in various formats as applicable.

To facilitate or otherwise strive to ensure university-wide compliance, diversity and inclusion, the University President has appointed Renisha Gibbs, Director, Human Resources/Office of Diversity and Compliance and Chief Diversity Officer to develop, administer and coordinate university-wide initiatives. This will be accomplished through collaboration with the Office of the Dean of the Faculties and all other divisions and departments. Further, Human Resources and the Office of the Dean of the Faculties serve the University in helping to create an educational environment that promotes fairness, respect and trust and that is free from mistreatment, discrimination and harassment. Questions, complaints, issues and concerns regarding the above may be directed to your manager or supervisor, or Renisha Gibbs at (850) 644-8082.
Grievance Policy
The student may, at times, believe to be subject of unfair academic or clinical assessment. If a student has any such grievance, he/she has the right to make an appeal and to receive a fair hearing. The following procedure outlines the steps to be taken by the student in making appeals and the manner in which complaints will be handled.

A. Florida State University Grade Appeals System

(Approved by Faculty Senate and Student Senate October 19, 2005; Effective December 19, 2005)

The purpose of the grade appeals system is to afford an opportunity for an undergraduate or graduate student to appeal a final course grade under certain circumstances. Faculty judgment of students' academic performance is inherent in the grading process and hence should not be overturned except when the student can show that the grade awarded represents a gross violation of the instructor's own specified evaluation (grading) statement and therefore was awarded in an arbitrary, capricious, or discriminatory manner. The evaluation (grading) statement utilized during the grade appeals process is the one contained in the instructor's syllabus at the beginning of the semester. This system does not apply to preliminary or comprehensive exams or to thesis or dissertation defenses; these issues are reviewed by the Student Academic Relations Committee via the Dean of the Faculties. If you need further information, please contact Dr. Jennifer Buchanan in the Office of the Dean of the Faculties at 644-6876.

B. Clinical Rotations, Assessment, Progression, Retention, or Related Areas

1. Grievances related to clinical experiences, assessment, progression, retention, or related areas must be presented to the Athletic Training Program Director to resolve the issue through consultation. This should be done during the semester at the time the grievance occurs, or within 30 days of the occurrence. The Program Director will attempt to resolve the issue through consultation with all involved parties.

2. If no solution satisfactory to all parties is achieved, the grievance may be presented to the Athletic Training Program Committee in writing within 15 days following the discussion with the Program Director. In filing the written petition, the grievance must be stated clearly, indicate the date or dates on which the student consulted the Program Director, and give a brief statement as to the interpretation of the outcome of the discussion.

3. Upon receiving a petition for a review of a grievance, the Athletic Training Program Committee may seek additional information from the student (through interview or by letter) in an attempt to understand as fully as possible the nature of and the justifications for the complaint.

4. When the Athletic Training Program Committee has made a thorough review of the case and has reached a decision about the grievance presented, it shall make its decision and recommendations known, in writing, to the student and the Program Director.

5. If the decision made by the Athletic Training Program Committee is not acceptable to the student or to the Athletic Training faculty, the appeal may be taken to the College of Human Sciences Associate Dean for Undergraduate Programs for review.
Technical Standards

The Athletic Training Program at Florida State University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Educational Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be retained in the program.

Compliance with the program’s technical standards does not guarantee a student’s eligibility for the BOC certification exam.

Candidates for selection to the Athletic Training Program must demonstrate:

1. the mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
4. the ability to record the physical examination results and a treatment plan clearly and accurately.
5. the capacity to maintain composure and continue to function well during periods of high stress.
6. the perseverance, diligence and commitment to complete the athletic training program as outlined and sequenced.
7. flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the athletic training educational program will be required to verify they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Florida State University Student Disability Resource Center will evaluate a student who states he/she could meet the program’s technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation; this includes a review a whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process.
of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

**PLEASE READ AND SELECT THE STATEMENT WHICH BEST APPLIES TO YOU:**

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation. I understand that if I am unable to meet these standards I will not be admitted into the program.

________________________________  ____________  
Signature of Student    Date

Alternative statement for students requesting accommodations.

I certify that I have read and understand the technical standards of selection listed above and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact the Florida State University Student Disability Resource Center to determine what accommodations may be available. I understand that if I am unable to meet these standards with or without accommodations, I will not be admitted into the program.

________________________________  ____________  
Signature of Student    Date

*SIGNATURE ON POLICY/PROCEDURE ACKNOWLEDGEMENT PAGE (final page of this document) WILL VERIFY THE ABOVE STATEMENT*
Faculty List
The following faculty in the Nutrition, Food, and Exercise Sciences Department are directly involved in the major field of study for Athletic Training:
  Dr. Kris Stowers M.D.- Medical Director, Athletic Training Program
  Dr. Chester Ray – Chair, Department of Nutrition, Food and Exercise Sciences
  Dr. Angela Sehgal- Program Director, Athletic Training Program
  Mrs. Michele Garber- Associate Program Director, Athletic Training Program
  Dr. Michael Ormsbee – Associate Professor
  Dr. Brad Gordon – Assistant Professor
  Dr. Payal Gosch – Specialized Faculty
  Dr. Harris – Associate Dean, College of Human Sciences
  Dr. Lynn Panton – Professor
  Ms. Robin Gibson – Director of Sports Medicine
  Mr. Nick Pappas – Assistant Athletic Trainer
  Ms. Eunice Hernandez – Assistant Athletic Trainer
  Mrs. Cheryl Pfeil – Assistant Athletic Trainer
  Dr. Jerry Latimer – Assistant Athletic Trainer
  Ms. Emily Hutcherson – Assistant Athletic Trainer

Medical and Other Health Care Personnel

Didactic Instruction

<table>
<thead>
<tr>
<th>Name</th>
<th>Credentials</th>
<th>Specialty</th>
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</thead>
<tbody>
<tr>
<td>Kris Stowers</td>
<td>MD</td>
<td>Family Practice-Sports Medicine</td>
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<tr>
<td>Dr. Tom Haney</td>
<td>MD</td>
<td>Orthopedics</td>
</tr>
<tr>
<td>Spencer Gilleon</td>
<td>MD</td>
<td>Ear, Nose, and Throat</td>
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<tr>
<td>Bonnie Canada</td>
<td>ARNPC</td>
<td>Nurse Practioner-Gynecology</td>
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<tr>
<td>John Katapodis</td>
<td>MD</td>
<td>Cardiology</td>
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<tr>
<td>Robert Orsillo</td>
<td>OD</td>
<td>Optometry</td>
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<tr>
<td>John Van Tassel</td>
<td>DC</td>
<td>Chiropractor</td>
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<tr>
<td>Harlien Johnson</td>
<td>DPM/ATC</td>
<td>Podiatrist/Certified Athletic Trainer</td>
</tr>
<tr>
<td>Charles Maitland</td>
<td>MD</td>
<td>Neurologist</td>
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<tr>
<td>Steve Aspros</td>
<td>DMD</td>
<td>Dentist</td>
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<tr>
<td>John Dilks</td>
<td>EMT</td>
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<tr>
<td>Kristin Hernandez</td>
<td>EMT</td>
<td>Emergency Medicine</td>
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Clinical Instruction

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<td>Dr. Kris Stowers</td>
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<tr>
<td>Dr. Tom Haney</td>
<td>MD</td>
<td>Orthopedics</td>
</tr>
<tr>
<td>Dr. William Thompson</td>
<td>MD</td>
<td>Orthopedics</td>
</tr>
<tr>
<td>Dr. Andra Prum</td>
<td>DO</td>
<td>Family Practice</td>
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<tr>
<td>Celeste Paquette</td>
<td>MD</td>
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<tr>
<td>Dr. Chris DeLisle</td>
<td>DO</td>
<td>Pediatrics</td>
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<tr>
<td>Lane Curington</td>
<td>MSN, ARNPC</td>
<td>Nurse Practioner-Urgent Care</td>
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<td>John Van Tassel</td>
<td>DC</td>
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<td>Steve Curio</td>
<td>MD</td>
<td>Family Practice – CHP</td>
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<tr>
<td>Tyressa Judge</td>
<td>PT</td>
<td>Physical Therapy</td>
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<tr>
<td>Annmarie Garis</td>
<td>PT</td>
<td>Physical Therapy</td>
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Books

A Guide to Physical Examination and History Taking, Bates, Lippincott, Williams, and Wilkins
ACSM's Exercise Management for Persons with Chronic Diseases and Disabilities, ACSM, Human Kinetics

ACSM's Guidelines for Exercise Testing & Prescription, ACSM, Lippincott, Williams, and Wilkins

Athletic Injury Assessment with Power Web: Health & Human Performance, Booher, Thibodeau, Mosby
Athletic Training and Sports Medicine, AAOS/Schenck, AAOS


Clinical Athletic Training, Konin, Slack
Clinically Oriented Anatomy, Moore/Dalley, Lippincott, Williams, and Wilkins

Concepts of Athletic Training, Pfeiffer/Mangus, Jones/Bartlett

Counseling in Sports Medicine, Ray/Wiese, Human Kinetics

CPR for the Professional Rescuer, AAOS, Jones/Bartlett

CPR/AED for the Professional Rescuer, American Red Cross, Staywell

Documentation for Athletic Training, Konin/Frederick, Slack

Emergency Care and Transportation of the Sick and Injured, AAOS, Jones/Bartlett

Evaluation of Orthopedic and Athletic Injuries, Starkey/Ryan, FA Davis

Exercise Physiology Energy, Nutrition, and Human Performance, McArdle/Katch/Katch, Lippincott, Williams, and Wilkins

Exercise Physiology: Theory and Application to Fitness and Performance, Powers/Howley, McGraw-Hill

First Responders, AAOS, Jones/Bartlett

General Medical Conditions in the Athlete, Cuppett/Walsh, Elsevier Mosby
Law and the Team Physician, Gallup, Human Kinetics


Management Strategies in Athletic Training, Ray, Human Kinetics

Measurement of Joint Motion, Norkin/White, FA Davis

NATA Code of Ethics

NATA Position Papers

NATA Standards of Practice

NCAA Sports Medicine Handbook, NCAA, NCAA

Nutrition for Health, Fitness, and Sport, Williams, McGraw-Hill

Orthopedic & Athletic Injury Evaluation Handbook, Starkey/Ryan, FA Davis

Orthopedic Physical Assessment, Magee, Saunders

Pharmacology in Rehabilitation, Ciccone, FA Davis

Physical Examination of the Spine and Extremities, Hoppenfeld, Appleton-Century-Crofts

Practical Sports Nutrition, Burke, Human Kinetics

Principles of Anatomy and Physiology, Tortora, John Wiley and Sons


Special Tests for Orthopedic Examination, Konin/Wiksten/Isear/Brader, Slack

Sports and Exercise Nutrition, McArdle/Katch/Katch, Lippincott, Williams, and Wilkins

Sports Emergency Care, Rehberg, Slack

Sports Injury Management, Anderson/Hall/Martin, Lippincott, Williams, and Wilkins

Taber's Cyclopedic Medical Dictionary, Taber, FA Davis

The Spine in Sports, Hochschuler, Hanley and Belfus / Mosby

The Team Physician's Handbook, Mellion, Hanley and Belfus / Mosby
Therapeutic Exercise: Foundations and Techniques, Kisner/Colby, FA Davis

Therapeutic Exercise: Techniques for Intervention, Bandy/Sanders, Lippincott, Williams, and Wilkins

Therapeutic Modalities for Athletic Trainers, Starkey, FA Davis


Writing SOAP Notes, Kettenbach, FA Davis

Strozier Library

Practical Exam Preparation Guide of Clinical Proficiencies for Athletic Training
Amato, Herb, Venable, Christy D., Cole, & Steven L.

Essentials of Athletic Training
Amheim, D. D. & Prentice, W.E.

Conducting and Reading Research in Health and Human Performance with Powerweb: Health and Human Performance (3rd edition)
Baumgartner, T. A., Strong, C. H., & Hensley, L. D.

Quick Reference Dictionary for Athletic Training
Bernier, Julie N.

Preparing for the Athletic Trainer’s Certification Examination (2nd edition)
Cartwright, L.

Therapeutic Modalities for Athletic Injuries
Denegar, Craig R.

Gray’s Anatomy
Gray, Henry

Practical Skills Manual for Evaluation of Athletic Injuries
Holcomb, William R.

Physical Examination of the Spine and Extremities
Hoppenfeld, Stanley

Kaplan MCAT Comprehensive Review
Kaplan
Special Tests for Orthopedic Examination
Konin, Jeff G., Wiksten, Denise L., & Isear, Jerome A. Jr.

Nutrition and Sport (volume VII of the Encyclopedia of Sports Medicine)
Maughan, Ronald J.

Exercise Physiology: Energy Nutrition and Human Performance (4th edition)
Mcardie, W. D., Katch, F. I., & Katch, V. L.

The Dynamic Human: The 3D Visual Guide to Anatomy and Physiology (Version 2.0)
Mcgraw-Hill

Essential Clinical Anatomy (2nd edition)
Moore, Keith L., & Agur, Anne M. R.

Frank Netter’s Atlas of Human Anatomy (2nd edition)
Netter, Frank

Exercise Physiology: Theory and Application to Fitness and Performance (3rd edition)
Powers, S. K., & Howley, E. T.

The Ultimate Guide to Fitness
Reebok

Evaluation of Orthopedic and Athletic Injuries
Starkey, Chad, & Ryan, Jeff

Atlas of Palpatory Anatomy of the Lower Extremities
Tixa, Serge

Athletic Training Student Guide to Success
Van Ost, Lynn & Manfre, Karen
Videos on Reserve at Strozier Library

Assessing and rehabilitating shoulder instability <videorecording>
Myofascial release in sports medicine
Managing low back problems <videorecording>
Progressive rehabilitation of lower extremity sports injuries <video recording>
Spine injury management <videorecording>
Sports taping basics <videorecording>
Emerging theories in health promotion practice and research
Food protein analysis
Taber's cyclopedic medical dictionary
Pharmacology in rehabilitation

Journals
There are several Sports Medicine journal holdings available for use and reference in Florida State University’s libraries. The following is a list of Sports Medicine journal holdings available in Florida State’s libraries:

- The ACHPER National Journal Australian Council for the Health, Physical Education, and Physical Recreation
- American Journal of Sports Medicine
- Annals of Sports Medicine
- Journal of Athletic Training
- AJHPER (Australian Journal)
- British Journal of Sports Medicine
- Canadian Journal of Applied Physiology
- Canadian Journal of Sports Sciences
- Clinics in sports Medicine
- Fitness & Sports Review
- Athletic Training
- Journal of Orthopedic & Sports Physical Therapy
- Journal of Sports Medicine & Physical Fitness
- Korean Journal of Sports Science
- Medicine and Science in Sports
- Medicine and Science in Sports and Exercise
- The New Zealand Journal of Sports Medicine
- The Physician and Sports Medicine
- Scandinavian Journal of Sports Sciences
- Sports Medicine (from Auckland)
- Sports Training, Medicine, and Rehabilitation
- Sports Medicine Digest
- Journal of Sport Rehabilitation
- Training and Conditioning
- Strength and Conditioning Journal
- Athletic Therapy Today
- Journal of Strength and Conditioning Research
- Rehab Management
- Biomechanics
- International Journal Of Sports Nutrition and Exercise Metabolism
WEB SITES OF INTEREST

The NATA Board of Certification
http://www.bocatc.org/

The NATA Education Council
http://www.nataec.org

The NATA Research and Education Foundation
http://www.natafoundation.org/

The National Strength and Conditioning Association
http://www.nsca-lift.org/

American Orthopaedic Society for Sports Medicine (AOSSM)
http://www.sportsmed.org/

Professional Baseball Athletic Trainers Society (PBATS)

National Institutes of Health (NIH)
http://www.nih.gov/

National Center for Complementary and Alternative Medicine
http://nccam.nih.gov/

American College of Sports Medicine (ACSM)
http://www.acsm.org/index.asp

Joint Review Committee for Athletic Training
http://www.jrc-at.org/

LEARNING RESOURCES

MERLOT Multimedia Educational Resource for Learning and Online Teaching

MERLOT Health Sciences Community

Evidence Based Health Care / Subject Guide / Ebling Library / UW-Madison

Herbal Medicine and Dietary Supplements / Subject Guide / Ebling Library / UW-Madison

Cultural Competence in Health Care / Subject Guide / Ebling Library / UW-Madison

University of Washington Radiology Webserver

Human Anatomy Online - Innerbody.Com

Musculoskeletal Atlas
PROFESSIONAL JOURNALS

Athletic Training Education Journal

American Journal of Sports Medicine

Clinical Journal of Sport Medicine

Journal of Orthopedic and Sport Physical Therapy The Journal of Athletic Training

Athletic Therapy Today

Physician and Sportsmedicine

Medicine and Science in Sports and Exercise
Requirements for Clinical Rotations

These items must be completed annually PRIOR to beginning clinical rotations.

1. Verification of Immunizations

2. Completed Physical Including:
   a. CBC
   b. EKG
   c. Sickle Cell Screen
   d. TB Test (recommended)

3. Hepatitis B Vaccination

4. Technical Standards – Review and Signature

5. OSHA Training

6. Bloodborne Pathogen Training

7. Confidentiality Statement – Review and Signature

8. Liability Insurance Current Coverage

9. Affiliation Agreement Completion (Clinical Assignment Dependent)

10. Handbook In-service

11. Update of Personal/Academic File

12. Clinical Site Specific Orientation - Review of:
   a. Schedule
   b. Policies/Procedures
   c. Emergency Action Plan
   d. Protocols
   e. Verification of Current First Aid/CPR (Professional Rescuer)
   f. Individual Clinical Instruction Plan (ICEP)
Clinical Rotation Settings

The Florida State University Athletic Department  http://seminoles.com/
The Florida State University Health and Wellness Center http://www.tshc.fsu.edu/
The Florida State University Campus Recreation http://campusrec.fsu.edu/

Affiliated High Schools

Chiles High School  http://www.chiles.leon.k12.fl.us/
Godby High School  http://www.godby.leon.k12.fl.us/
Leon High School  http://www.leon.leon.k12.fl.us/
Lincoln High School  http://www.lincoln.leon.k12.fl.us/
Rickards High School  http://www.rickards.leon.k12.fl.us

Other Affiliated Settings

Tallahassee Community College http://www.tcc.fl.edu/
Tallahassee Orthopedic and Sports Physical Therapy http://www.tospt.com/
Capital Health Plan http://www.capitalhealth.com/
Tallahassee Orthopedic Clinic http://www.tlhoc.com/
Van Tassel, John DC - Athletic & Family Chiropractic
(850) 385-5113 2309 Wednesday St Tallahassee, FL
**OSHA and Blood Borne Pathogen Training**

All students admitted to the program will undergo initial and annual OSHA training. Representatives from the Florida State University Department of Environmental Health and Safety Biological Safety Office will conduct the educational session. Course content includes Biohazardous Waste, Blood Borne Pathogens, and the Right-to-Know Hazard Communication Training. This training will occur each year and is required prior to beginning clinical rotations.

**Summary**

As a member of the Florida State University Athletic Training Program you are required to practice Universal Precautions under strict guidelines set forth by the Occupational Safety and Health Administration (OSHA).

You must adhere to the following guidelines to protect yourself and the athletes:

1. Wear vinyl or latex examination gloves whenever touching open skin, blood, body fluids or mucous membranes. Do not reuse gloves.

2. Wash your hands with soap and water immediately after being exposed to blood or body fluids, even if you wore gloves. Report incident to supervisor immediately.

3. All surfaces (counters, tables) must be thoroughly washed after being soiled with blood or body fluids. Use a 10% household bleach solution or a commercially available disinfectant.

4. Place all used sharps in a specially marked sharps container. Do not re-cap needles or other sharp objects.

5. Place all discarded medical waste in a specially-labeled “biohazardous waste” container.

6. When working with an outdoor sport and have medical waste to dispose of, place it in a red plastic biohazard bag and then discard it into the proper biohazardous waste container upon your return to the facilities.

7. Do not allow the athletes to share towels that have been contaminated with blood or body fluids.

8. Discard towels and clothing that have been contaminated with blood or body fluids into a separate receptacle. Do not put them in the laundry with the other soiled towels.

9. Be sure that all athletes’ wounds are well covered before practice or competition.

10. If you have an open wound, especially if it is on your hands, avoid providing first aid care to injuries that involve bleeding or body fluids until your wound has healed.
Florida State University
Athletic Training Program
Athletic Training Student Employment Policy

The Athletic Training Program (ATP) faculty recognizes that it is frequently necessary for students to hold part-time positions while attending the University. Students are permitted to pursue employment opportunities (on and off campus) provided the employment does not interfere with regular academic responsibilities, including clinical rotations. If outside employment is expected to interfere with the normal academic load, the student should reduce the enrollment accordingly, but expect program completion to exceed the normal time frame.

There are scholarships, assistantships, and federal work-study opportunities for students, based on established criteria. Regardless of the source of funding, students are not permitted to provide athletic training services during these employment opportunities.

The Florida State University
The Federal Work Study Program (FWSP)
(FSU General Bulletin)

The FWSP is a federally funded financial aid program, administered by the Office of Financial Aid, which enables students to earn a portion of their financial aid award. This program offers a positive alternative to loan indebtedness through meaningful part-time employment. Weekly work schedules are mutually determined by the student and the employing department to suit the student’s class/exam schedule and the employer’s needs. By federal regulation, the work schedule cannot interfere with a student’s class schedule. Federal Work Study is a need-based program, and is awarded on a first-come, first-served basis.

Students may utilize their Federal Work Study awards by participating in community service through the Community Service Learning Program (CSLP). This program is designed to locate and develop off-campus community service jobs and offer referrals for eligible students. Community service improves the quality of life of local residents, as well as encourages student awareness and continued participation in society at large. Students may assist with programs related to health care, child care, literacy training, education (including tutoring), welfare, and social services. Some students may serve as mentors for educational and recreational activities or work as counselors in areas such career counseling.

To determine eligibility for the Federal Work Study Program and CSLP, students must apply for financial aid at Florida State University by completing the Free Application for Federal Student Aid (FAFSA), and by submitting all other required documentation.
Communicable Disease Policy

The purpose of the Florida State University Athletic Training Program (FSU ATP) Communicable Disease Policy is to protect the health and safety of the students enrolled in the FSU ATP. The FSU ATP recognizes the importance of minimizing the exposure of athletes or patients in a clinical setting to communicable diseases. Therefore, it is recommended that athletic training students not report to their clinical site if they have active signs or symptoms of a communicable disease.

This policy is designed to provide Athletic Training Students (ATS), Clinical Preceptors (CP), and athletic training faculty with a plan to assist in the management of students with infectious diseases as defined by the Centers for Disease Control and Prevention (CDC). This policy was developed using the recommendations established by the CDC for health care workers (www.cdc.gov).

In situations where the Athletic Training Student is ill, he/she should immediately notify the Clinical Preceptor they are currently assigned to and either the FSU ATP Director or the Athletic Training Clinical Coordinator of their status. Athletic Training Students with illnesses are required to see a physician or nurse practitioner to determine if the illness is actively communicable or their illness has caused them to miss one day of class and/or clinical responsibilities. Athletic Training Students may use their own personal physician. If the student does not have access to their own physician they may also utilize the FSU Thagard Student Health Center or FSU team physicians if available. (The ATS is responsible for his or her health insurance and are responsible for all related charges). The ATS is to follow the recommendations and guidelines of that physician.

In the event that an ATS will be missing an inordinate amount of time due to adherence to the communicable disease policy, a decision of the student’s clinical status will be decided by the Clinical Coordinator, the ATP Medical Director and the Program Director. This may result in a reassignment of clinical responsibilities, a grade of incomplete due to medical reasons, and/or opportunities to make up lost experiences.

What are Communicable Diseases?

A communicable disease is a disease that can be transmitted from one person to another. There are four main types of transmission including direct physical contact, air (through a cough, sneeze, or other particle inhaled), a vehicle (ingested or injected), and a vector (via animals or insects).
**Communicable Diseases Cited by the CDC:**

<table>
<thead>
<tr>
<th>Bloodborne Pathogens</th>
<th>Hepatitis viruses</th>
<th>Retroviral infections</th>
</tr>
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<tr>
<td>Conjunctivitis</td>
<td>Influenza</td>
<td>Rubella</td>
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<tr>
<td>Cytomegalovirus infections</td>
<td>Measles</td>
<td>Scabies</td>
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<td>Diarrhea diseases</td>
<td>Meningococcal infections</td>
<td>Staphylococcus aurous</td>
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<td>Mononucleosis</td>
<td>infection</td>
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<td>Diphtheria</td>
<td>Mumps</td>
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<td>Gastrointestinal infections (acute)</td>
<td>Parovirus</td>
<td>Tuberculosis</td>
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<td>Herpes simplex</td>
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<td>Varicella</td>
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<td>Human immuno- deficiency virus (HIV)</td>
<td>Pediculosis</td>
<td>Viral respiratory infections</td>
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<td></td>
<td>Pertussus</td>
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<td>Poliomyelitis</td>
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<td></td>
<td>Rabies</td>
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**Communicable Disease Guidelines**

1. ATSs must successfully complete annual OSHA and prevention of the transmission of blood-borne pathogen training.
2. Students are required to use Universal Precautions at all times when functioning as an ATS in the ATP. This applies to all on and off-campus clinical sites.
3. ATSs are not to provide patient care if they have active signs or symptoms of a communicable disease.
Health Insurance Portability and Accountability Act (HIPAA)

The Office for Civil Rights enforces the HIPAA Privacy Rule, which protects the privacy of individually identifiable health information; the HIPAA Security Rule, which sets national standards for the security of electronic protected health information; the HIPAA Breach Notification Rule, which requires covered entities and business associates to provide notification following a breach of unsecured protected health information; and the confidentiality provisions of the Patient Safety Rule, which protect identifiable information being used to analyze patient safety events and improve patient safety.

The HIPAA Privacy Rule provides federal protections for individually identifiable health information held by covered entities and their business associates and gives patients an array of rights with respect to that information. At the same time, the Privacy Rule is balanced so that it permits the disclosure of health information needed for patient care and other important purposes.

The Security Rule specifies a series of administrative, physical, and technical safeguards for covered entities and their business associates to use to assure the confidentiality, integrity, and availability of electronic protected health information.

http://www.hhs.gov/ocr/privacy/hipaa/understanding/index.html

Family Educational Rights and Privacy Act (FERPA)

The Family Educational Rights and Privacy Act (FERPA) (20 U.S.C. § 1232g; 34 CFR Part 99) is a Federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education. FERPA gives parents certain rights with respect to their children's education records. These rights transfer to the student when he or she reaches the age of 18 or attends a school beyond the high school level. Students to whom the rights have transferred are "eligible students."

Confidentiality Policy

Introduction
The Florida State University’s systems contain confidential information pertaining to student-athletes/patients, health care professionals, the department, and the FSU ATP. These systems may include computer hard drives, removable media storage mediums, filing cabinets, and medical records. This information is a major asset to the FSU ATP and is required by law to be protected. The use of information systems is shared by many individuals and imposes many obligations. A purpose of this policy is to inform individuals who use these resources of their responsibilities and to secure their agreement to abide by the associated policies and procedures.

I, ________________________________

Print Name

I WILL:

• Only disclose information, verbally and in written form, to those authorized to receive it;
• Respect the privacy and rules governing the use of any information accessible through an information system or computer network and only utilize information necessary for performance as a student;
• Report any violation of confidentiality of computer usage policies;
• Respect the ownership of proprietary software;
• Respect the finite capability of the systems and limit my use so as not to interfere unreasonably with the activity of others;
• Abide by all the procedures and policies established to manage the use of the system.

I WILL NOT:

• Exhibit or divulge the contents of any record or report except in the performance of my assigned duties;
• Attempt to access information by using a user identification code or password other than my own;
• Remove any records, reports, or copies from their storage location except in the performance of my duties;
• Release my user identification code or password to anyone or allow anyone to access or alter information under my identity; I will only make incidental person use of these resources;
• Use these resources to engage in illegal activities, or harass anyone;
• Allow unauthorized use of information maintained, stored or processed by FSU;
• See personal benefit of, or permit others to benefit personally by any confidential information or use of equipment available through my clinical assignment;
• Remove any documents from the FSU Athletic Department/ATP, for any reason, without prior consent from the Director of Sports Medicine/Program Director;

I UNDERSTAND:

• That the information accessed through FSU information systems contains sensitive and confidential patient, business, financial, and employee information;
By signing, I pledge that I have read, understand, and will comply with the Florida State University’s ATP Confidentiality Agreement.

Signature  Date

Print Name

*SIGNATURE ON POLICY/PROCEDURE ACKNOWLEDGEMENT PAGE (final page of this document) WILL VERIFY THE ABOVE STATEMENT
Allied Health Professionals Code of Conduct

Allied health professionals provide a wide range of services to the public in both the health and social care sectors and have a duty to promote and protect the health and safety of the patients at all times. The Code lays down a set of principles for the professional relationships, practice and conduct with respect to users of allied health professional services and amongst the various healthcare professions.

Persistent failure and disregard for these standards can compromise patient safety and well-being, and/or bring disrepute to the profession. Breach of these standards can lead to a registered allied health professional being asked to defend his actions, and face disciplinary proceedings for professional misconduct or failure to maintain competence.

Athletic Training Pre-Professional Students are expected to always:

1. Act in the best interest of the patient and the public;

2. Respect the patients' privacy and maintain confidentiality of information;

3. Respect the patients' choice and right to refuse or choose their treatment (autonomy), and obtain informed consent to give treatment;

4. Communicate effectively with the patient, caregivers and other professionals;

5. Ensure that any advertising you do or support is truthful, accurate and does not induce unnecessary demands for your services;

6. Act within the limits of your knowledge, skill and experience, and if necessary, refer the matter to another professional;

7. Limit your work or stop practicing if your performance or judgement is affected by your health or other reasons;

8. Keep accurate and adequate patient records;

9. Engage in professional development and keep your professional skills and knowledge up-to-date;

10. Effectively supervise tasks you have asked others to complete and undertake supervisory duties you have been assigned professionally;

11. Maintain high standards of personal conduct and behavior;

12. Abide by all laws and regulations governing practice and the code of ethics of your profession and the Council.
Policy and Procedure Acknowledgement

I, ______________________________ have read and understand the policies and procedures outlined in this handbook and as specified below. I understand that non-compliance of any of these policies may result in dismissal from the Athletic Training Program

ATP Program Policies/Procedures

SIGNATURE ________________________ DATE ________________________

OSHA Standards and Blood Borne Pathogen Training

SIGNATURE ________________________ DATE ________________________

Technical Standards and Admissions/Retention/Dismissal Process

SIGNATURE ________________________ DATE ________________________

HBV Vaccine

SIGNATURE ________________________ DATE ________________________

Confidentiality

SIGNATURE ________________________ DATE ________________________

Allied Health Professionals Code of Conduct

SIGNATURE ________________________ DATE ________________________