

## **EDUCATION**

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Ph.D., Marriage and Family Therapy, Expected 2020  
Florida State University, Tallahassee, FL

M.A., Marital and Family Therapy, 2016  
University of San Diego, San Diego, CA

B.A., Psychology, 2010  
University of California San Diego, San Diego, CA

## **RESEARCH EXPERIENCE**

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- 2016-Present Graduate Research Assistant, Department of Family and Child Sciences, Florida State University, Tallahassee, FL.  
Examine the effects of mind-body practices on couple health and functioning.  
Organize and analyze primary and secondary data for manuscript preparation and dissemination of empirical evidence focused on a relational framework for change.
- Graduate Research Assistant, The Family Institute, Florida State University, Tallahassee, FL.  
Design and implement empirical investigations into the interplay between hemodynamics, cardiac functioning, and interpersonal relationships and their impact on psychosocial health. Train and supervise undergraduate research assistants in sound and ethical research practices.
- 2014-2016 Research Assistant, Department of Psychiatry, University of California San Diego, San Diego, CA.  
Aided National Institutes of Health study to identify psychosocial predictors of varied psychiatric disorders that develop after a traumatic brain injury.  
Implemented structured family interviews while utilizing inter-rater reliability to assess, transcribe and score family functioning.
- 2009-2010 Research Assistant and Early Interventionist, Autism Intervention Research Program, University of California San Diego, San Diego, CA.  
Contributed to the National Institutes of Health's Autism Center for Excellence focus on the experimental analysis and treatment of autism. Participated in the development, implementation and evaluation of behavior management plans for children. Employed Applied Behavior Analysis in-home based program to deliver and investigate effective intervention methods and treatment plans for children.

## **CLINICAL AND PROFESSIONAL CREDENTIALS**

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- 2017-Present Supervisor Candidate, American Association for Marriage and Family Therapists  
 2016-Present Marriage and Family Therapist Intern, Florida  
 2016-Present Marriage and Family Therapist Intern, California  
 2016 Teaching Training Recognition, Program for Instructional Excellence, Florida State University

## **CLINICAL SERVICE**

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- 2016-Present Marriage and Family Therapist Intern, Center for Couple and Family Therapy, Florida State University, Tallahassee, FL  
 Provide evidenced based practices and behavioral medicine amongst individuals, couples and families experiencing difficulties in biopsychosocial functioning. Facilitate collaboration with interdisciplinary health providers to advance client welfare.
- 2015-2016 Marriage and Family Therapist Intern, University of California San Diego Family Medicine Collaborative Care Program, San Diego, CA  
 Integrated family-centered systemic and evidenced informed behavioral health services within a biopsychosocial-spiritual framework in primary care. Applied comprehension of psychiatric diagnosis, psychopharmacology, behavioral medicine strategies, and evidenced based practices, to guide and develop an effective treatment plan and use of interventions.

## **TEACHING EXPERIENCE**

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- 2018 Instructor, Florida State University, Tallahassee, FL  
 FAD 4275, *Family Diversity* (Online)
- 2016-2017 Graduate Teaching Assistant, Florida State University, Tallahassee, FL  
 FAD 2230, *Family Relationships: A Life Span Development Approach*  
 FAD 3343, *Contexts of Adult Development and Aging*  
 FAD 4805, *Practicum in Family and Child Science*
- 2016 Guest Lecturer, Florida State University, Tallahassee, FL  
 FAD 3432, *Stress and Resilience in Individuals and Families: "Death, dying & grief in families."*

## **PUBLICATIONS**

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### Manuscripts in Professional Journals

Kimmes, J. G., **Jaurequi, M. E.**, May, R. W., Srivastava, S., & Fincham, F. D. (2017). Mindfulness in the context of romantic relationships: Initial development and validation of the relationship mindfulness measure. *Journal of Marital and Family Therapy*. doi:10.1111/jmft.12296

Kimmes, J. G., May, R. W., Seibert, G. S., **Jaurequi, M. E.**, & Fincham, F. D. (2017). The association between trait mindfulness and cardiovascular reactivity during marital conflict. *Mindfulness*. <https://doi.org/10.1007/s12671-017-0853-4>

### Manuscripts Under Review

Seibert, G.S., **Jaurequi, M.E.**, May, R.W., Cooper, A.N., Kimmes, J.G., & Fincham, F.D. (revise and resubmit). Examining the relationship between occupational burnout and sleep disturbance in a close relationship context: The role of self-control. Submitted to *Journal of Social and Personal Relationships*.

Kimmes, J. G., **Jaurequi, M. E.**, Roberts, K., Harris, V. W., & Fincham, F. D. (under review). An examination of the individual and dyadic associations between relationship mindfulness and psychological and relational well-being in a sample of couples. Submitted to *Journal of Marital and Family Therapy*.

**Jaurequi, M.E.**, Kimmes, J.G., Roberts, K., Seibert, G.S. (under review). The mediating role of trait mindfulness between adult insecure attachment and anxiety: a dyadic approach. Submitted to *Mindfulness*.

### Manuscripts in Preparation

**Jaurequi, M.E.** (in progress). The relationship between adult attachment and mindfulness on health: A systematic research synthesis.

**Jaurequi, M.E.**, May, R.W., Bauer, K.N., Seibert, G.S., & Fincham, F.D. (in progress). The relationship between school burnout and disturbed sleep.

Roberts, K., **Jaurequi, M.E.**, & Kimmes, J.G. (in progress). The intra and interpersonal associations between trait mindfulness, forgiveness, and relationship satisfaction.

## **PRESENTATIONS**

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**Jaurequi, M. E.**, Kimmes, J. G., Roberts, K., & Srivastava, S. (2018, November). *Examining relationship mindfulness and couple psychosocial factors*. Oral poster presentation at Annual Conference, American Association for Marriage and Family Therapy, Louisville, KY.

May, R. W., **Jaurequi, M. E.**, Bauer, K. N., Seibert, G. S., Cooper, A. N., Tanner, K., & Fincham, F. D (2017, November). *School burnout and sleep quality*. Poster presentation at Annual Conference, Society of Southeastern Social Psychologist, Jacksonville, FL.

**Jaurequi, M.E.**, May, R.W., Kimmes, J., Seibert, G.S., & Fincham, F.D. (2017, May). *Measuring trait and dyadic mindfulness in romantic relationships*. Poster presentation at Annual Conference, Association for Psychological Science, Boston, MA

Seibert, G.S., May, R. W., **Jaurequi, M. E.**, Wagner, J. M., Janzen, A. T., & Fincham, F. D. (2017, May). *Dyadic mindfulness and cardiovascular responses during conflict*. Poster presentation at Annual Conference, Association for Psychological Science, Boston, MA.

Seibert, G. S., Cooper, A. N., Lancaster, M., **Jaurequi, M. E.**, May, R. W., & Fincham, F. D. (2017, October). *Self-control, burnout, & sleep disturbance: A dyadic account*. Oral poster presentation at Annual Conference, American Association for Marriage and Family Therapy, Atlanta, GA.

May, R. W., Seibert, G.S., Janzen, A. T., Rogge, R. D., **Jaurequi, M. E.**, & Fincham, F. D. (2017, May). *School burnout inventory: An item response theory analysis*. Poster presentation at Annual Conference, Association for Psychological Science, Boston, MA.

Bauer, K. N., May, R. W., Seibert, G.S., Janzen, A. T., **Jaurequi, M. E.**, & Fincham, F. D. (2017, May). *Emotion regulation and academic underperformance: The role of school burnout*. Poster presentation at Annual Conference, Association for Psychological Science, Boston, MA.

#### Non-Peer Reviewed Publications

**Jaurequi, M.**, & Patterson, J. (2015, September 1). More Than an Observer: The Family Therapist and Psychotropic Medication. *Family Therapy Magazine*, 14(5), 44-47.

#### **SERVICE TO PROFESSIONAL ASSOCIATION**

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2016-Present Apprentice Reviewer, Journal of Marital and Family Therapy

#### **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

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2014-Present Student Member, American Association for Marriage and Family Therapy

2014-Present Student Member, California Association of Marriage and Family Therapy

2014-Present Student Member, Collaborative Family Healthcare Association

2016-Present Student Member, Association for Psychological Science