

Tom Su, M.S.

Email: ys18b@my.fsu.edu
Sandels 230, Florida State University

Education

Ph.D., Florida State University, Tallahassee, Florida, Expected Graduation: 2022
Major: Marriage and Family Therapy
Research interests: depression in relationships, relationship quality, cultural diversity

M.S., Kansas State University, Manhattan, Kansas, 2017
Major: Couple and Family Therapy
Thesis title: Eye Movement Desensitization and Reprocessing (EMDR) Therapy as a Treatment for Depression

B.S., Kansas State University, Manhattan, KS, 2015
Major: Psychology
Certificates: Concentration in Clinical Psychology, Conflict Resolution Certificate

International Studies:

Faculty-Led Study in Sociocultural Diversity, Malaysia, January 2016
Faculty-Led Study in International Conflict & Trauma, Northern Ireland, March 2014

Professional Experience

Intern Therapist, Center for Couple and Family Therapy, Tallahassee, FL, Sep. 2018 to present
Conduct intakes, suicide and domestic violence assessments, and DSM-V diagnosis. Deliver individual, couple, and family therapy to FSU students and local residents.

Intern Therapist, Family Center, K-State, Manhattan, KS, Aug. 2015 to Apr. 2018
Provide individual, couple, and family therapy for college students and community residents in Manhattan area. Dominant client complaints were depression, anxiety, stress, relationship problems, and parent-child conflicts. Provide ongoing assessments.

Therapist, Flint Hill Community Mental Health Center, Manhattan, KS, Aug. 2017 to Apr. 2018
Provide assessments and therapies for patients with low income. Collaborate with physicians and clinic staffs to provide integrated care.

Play Therapist, Manhattan Crisis Center, Manhattan, KS, Aug. 2016 to Apr. 2018
Conduct group play therapy with school age children from local Crisis Center. Design and lead weekly group play therapy sessions. Collaborate with co-therapist to conduct group play therapy.

Mediator/Co-Mediator, RG Mediation, Manhattan, KS, Aug. 2015 to Apr. 2018
Conduct individual and joint mediation interviews through both in-person and online platforms. Provide mediation for court-ordered domestic cases. Facilitate conflict resolutions

and empower conflict partners to communicate and make positive decisions. Compose memorandum after the mediation.

Graduate Teaching Assistant

Contexts of Adult Development and Aging, FSU, Aug. 2018 to present

Assess and provide feedback on students' completed assignments. Respond to students' questions and concerns through email and face-to-face. Assist course instructor in delivering information and course information. Cooperate with other TAs to facilitate students.

Conflict Resolution, K-State, Aug. 2016 to Apr. 2018

Lecture once each semester. Participate in class and student discussions both online and lecture. Facilitate class activities. Grade undergraduate assignments and papers. Meet with students individually to answer questions.

Graduate Research Assistant

Dr. Sandra Stith, Domestic Violence Research (Air Force), Summer 2017.

Managed quality assurance data from Air Force Family Advocacy program. Coded data for Intimate-Partner Homicide meta-analysis study. Conducted phone mock motivational interviews with trainees who attended trainings.

Dr. Joyce Baptist, Depression Research, Fall 2016.

Conducted Cognitive Behavioral Therapy (CBT) treatment with recruited participants. Designed and implement an eye tracking experiment measuring participants' eye movement in viewing facial pictures. Compiled and analyzed data collected from eye-tracker and EEG. Participated in weekly supervision. Compared CBT treatment data with Eye Movement Desensitization and Reprocessing (EMDR) treatment data. Wrote research proposal and presented research at conferences.

Home-Based Family Therapy Partnership (HBFT), Aug. 2015 to Aug. 2016

Managed database, planned for core training, and managed office and training event materials. Updated website information and resources, created agenda for weekly HBFT staff meeting and record minutes, and handled email and phone correspondence and request. Designed and implement surveys, compiled literature from peer-reviewed journals and scholarly books, and developed report and newsletter

Psychology Clerk, Larned State Hospital, Larned, KS, Jan. 2015 to Apr. 2015

Participated in daily psychiatric treatment team meeting. Observed patient treatment team meeting, individual patient intake evaluation, and participated patient group activities and psychoeducation courses. Participated in weekly group supervision, conducted individual case study and case presentation, and participated in didactic on-site weekly training

Research Team Member, Occupational Health Research Lab, Aug. 2013 to May 2015

Conducted empirical research using PsycINFO database and data analysis. Discussed research design and conducted data analysis using Microsoft Excel and SPSS. Attended Occupational Health Psychology Research Lab biweekly meeting and critique updated Industrial Organizational Psychology research.

Current Research Projects

Eye Movement Desensitization and Reprocessing (EMDR) and Depression with Suicidality.

This is a longitudinal study led by Dr. Joyce Baptist, studying and comparing the effect of using EMDR and CBT treatment with a clinical depressed population with suicidal ideation. Eye-tracker was used to monitor change of eye gaze over the course of treatments. My contribution includes designing the eye-tracking experiment using Experiment Builder, implementing the experiment, analyzing eye-tracking data, and conducting CBT treatment with assigned experiment participants. We are currently collecting data.

Using EMDR to Treat Depression – the Effectiveness and Neurobiological Change.

This is a longitudinal study led by Dr. Joyce Baptist that aims to determine the effectiveness of EMDR as a treatment for clinical depression. My contribution includes conducting CBT treatment with participants in the control group, collecting EEG and eye-tracking data, cleaning data using Brain Avatar, and conducting analyses using SPSS. In addition, I help with depression benchmarking analysis using the depression scores, multilevel modeling to analyze the change of depression, stress, frontal alpha asymmetry, and theta cordance, and writing and presentation of the results.

Acculturation, Family Cohesion and Depression among Latino and Asian American.

This is a study I completed using existing data from 2003 National Latino Asian American Study (NLAAS). Mplus and SPSS were used to understand whether family cohesion moderated the relationship between acculturative stress and clinical depression. Currently I am in the process of finalizing the manuscript. Results were presented at the 2017 AAMFT and NCFR conferences.

Transmission of Domestic Violence and Protective Factors.

This study led by Ph.D. candidate Emel Genc considers early exposure to domestic violence and its impact on adulthood intimate partner violence and studies protective factors that buffer this relationship. My involvement includes data analysis using Mplus, and writing the result and discussion sections in the manuscript.

Publications

Genc, E., Su, T., & Durtschi, J. (2018). Moderating Factors associated with interrupting the transmission of domestic violence among adolescents. *Journal of Interpersonal Violence*

Manuscripts in Preparation

Baptist, J., & Su, T., (manuscripts in progress), *Evidence for EMDR therapy as a treatment for unipolar depression.*

Hubbard, A., & Su, T., (revise and resubmit), *Using narrative therapy to take a culturally informed view of immigrant Latina IPV.* Manuscript submitted for publication.

Genc, E., Su, T., & Busk, M., (manuscripts in progress), *The effects of problem-solving skills on perceived discrimination and relationship satisfaction of interracial couples.*

Presentations

- Su, T.**, & Baptist, J. (2017, November). *Treating unipolar depression: a quasi experiment comparing EMDR therapy to CBT*. Poster presentation at the annual meeting of the National Council on Family Relations (NCFR), Orlando, FL.
- Genc, E., **Su, T.**, & Durtschi, J. (2017, November). *Interrupting transmission of domestic violence*. Poster presentation at the annual meeting of the NCFR, Orlando, FL.
- Du, J., & **Su, T.** (2017, November). *Acculturative stress, family cohesion, and depression among Asian Americans in the United States*. Poster presentation at the annual meeting of the NCFR, Orlando, FL.
- Su, T.**, Spencer, C., & Baptist, J. (2017, November). *Enhanced health with a new evidence-based treatment for depression*. Poster presentation at the 2017 Research and the State, Topeka, KS.
- Su, T.**, & Baptist, J. (2017, October). *The neurobiology underlying treatments for depression*. Poster presentation at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT), Atlanta, GA.
- Du, J., & **Su, T.** (2017, October). *Can family cohesion moderate acculturative stress and depression?* Poster presentation at the annual meeting of the AAMFT, Atlanta, GA.
- Genc, E., Durtschi, J., & **Su, T.** (2017, October). *Interrupting transmission of domestic violence*. Poster presentation at the annual meeting of the AAMFT, Atlanta, GA.
- Baptist, J., Lasley, C., Williams, Z., Grant, D., Mallory, A., **Su, T.**, & Staats, N. (2016, November). *Treating attachment trauma underlying clinical depression: changes in QEEG biomarker*. Presentation at the 2016 NCFR; Minneapolis, MN.
- Staats, N., Lafleur, C., Torgerson, C., & **Su, T.** (2016, October). *Enhancing home-based clinicians' self-care with an online monitoring tool*. Poster presentation at the annual meeting of the NCFR, Minneapolis, MN.
- Baptist, J. & **Su, T.** (2014, October). *Intergenerational transmission of violence in Malaysia*. Poster presentation at the annual meeting of the AAMFT, Austin, TX.
- Tinkler, D., & **Su, T.** (2014, May). *Resident assistants' burnout and supervisor communication*. Poster presentation at Undergraduate Research Convocation in Department of Psychological Sciences, K-State, KS.

Professional Associations

National Council of Family Relations (NCFR), Member, 2016 to present
 American Association for Marriage and Family Therapy (AAMFT), Member, 2015 to present
 PSI CHI, National Honor Society in Psychology membership, Member, 2014 to present

Awards

Robert E. Lee Endowed Scholarship, FSU, 2018

Maxine Roper Young Family Studies Scholarship, K-State, 2017
College of Human Ecology Telefund, K-State, 2017
Ruth Hoeflin Home Economics Scholarship, K-State, 2016
College of Human Ecology Study Abroad Scholarship, K-State, 2016
College of Human Ecology Study Abroad Scholarship, K-State, 2015
Janice M. Hamilton Immersion Experience Award, K-State, 2015
Nominee for Kirmser Undergraduate Research Reward, K-State, Spring 2014