

Lauren Kelsey Selice

Curriculum Vitae

Education

Florida State University, Tallahassee, FL Expected May 2023
Doctorate in Philosophy, Marriage and Family Therapy

Florida State University, Tallahassee, FL May 2019
Master of Science Counseling and Human Systems
Education Specialist, Counseling and Human Systems
CACREP-Accredited
GPA: 3.85

University of Central Florida, Orlando, FL May 2017
Bachelor of Science, Psychology

Relevant Experience

Center for Couple and Family Therapy – Tallahassee, FL August 2018 – Present
Clinical Intern

- Provide integrated psychotherapy for individual clients and couples through Person-Centered and Family Systems models
- Conduct client intake sessions and assess client progress through the Practice Research Network questionnaire
- Collaborate with other clinical interns in order to foster counselor development
- Active in weekly supervision and case teaming in order to further understand Marriage and Family Therapy counseling theories

Human Services Center at Florida State University – Tallahassee, FL May 2018 – August 2018
Clinical Intern

- Provided weekly psychotherapy to individual clients
- Conducted client intake sessions, created treatment plans, and assessed client progress through the use of SOAP notes and the Outcome Questionnaire
- Observed and provided feedback to other clinical interns in order to foster counselor development
- Active in weekly group supervision to explore various theoretically-based techniques to be utilized in session with clients

Wuesthoff Medical Center – Behavioral Health Unit – Rockledge, FL October 2016 – May 2017
Mental Health Technician

- Assisted doctors and nurses with the treatment of patients 18+ with various behavioral and mental health problems
- Led groups to help to help patients set goals and establish personal safety plans to utilized when in crisis
- Assisted social workers and mental health counselors in providing patients with needed resources and information
- Routinely performed fifteen-minute health checks for each patient, monitored and recorded vital signs, ensured patients took their prescribed medications, and assembled and review patient charts

Research Experience

Suicide Prevention Research Team – Tallahassee, FL August 2017 – Present
Graduate Research Assistant – Supervisor: Dr. Martin Swanbrow Becker, PhD

- Collaborate with team members and supervisor to create individual and group project goals
- Perform review of the literature on suicide prevalence and prevention
- Prepare literature review to present at the Florida Mental Health Association Conference – anticipated February 2019
- Attend bi-weekly meetings, discussing current and past on-campus initiatives and studies

Publications

Roberts, K., Jaurequi, M.E., **Selice, L**, Kimmes, J.G. (2018). (In progress). Interpersonal and intrapersonal effects of mindfulness on forgiveness and relationship satisfaction.

Presentations

Golembe, G., **Selice, L.**, Ozuna, C. (2018). Suicide attempts and completion in families: A family systems perspective. FMHCA 2019 Conference. Lake Mary, Florida.

Roberts, K., Jaurequi, M.E., **Selice, L**, Kimmes, J.G. (2018). Interpersonal and intrapersonal effects of mindfulness on forgiveness and relationship satisfaction. AAMFT 2019 Conference. Austin, Texas.

Involvement & Awards

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| American Association for Marriage and Family Therapy | May 2019 – Present |
| Second Place Poster Presentation, FMHCA 2019 Conference | February 2019 |
| Counseling Student Research Association (CSRA) | August 2018 – May 2019 |
| American Counseling Association (ACA) | May 2018 – Present |
| CPI Nonviolent Crisis Intervention Certification | October 2016 – October 2018 |
| Phi Eta Sigma Honor Society | August 2014 – May 2015 |
| Girls on the Run of the Big Bend | August 2013 – May 2014 |

Other Experience

FSU Counselor Education Student Association (CESA) – Tallahassee, FL August 2017 – Present
Vice President August 2018 – May 2019

- Organize and facilitate monthly meetings
- Assumes the President's and/or Secretary's responsibilities in their absence
- Plan and be responsible for all retreats and training of the organization
- Plan, advertise, and execute community outreach programs, including Hurricane Michael donation drive