

Ashley N. Cooper, M.S.

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EDUCATION:

- 2020** **Florida State University**
(pending) *PhD in Marriage and Family Therapy*
Chair: Dr. Thomas Ledermann
Dissertation: *Partners practicing prayer: APIM analyses of daily stress spillover and crossover moderated by prayer behavior.*
- 2015** **University of Alabama**
 Masters in Marriage and Family Therapy
- 2012** **Birmingham-Southern College**
 Bachelor of Arts in Religion
 Bachelor of Science in Psychology

LICENSURE:

Licensure track - Marriage and Family Therapist (*full license pending graduation*)

AAMFT Approved Supervisor Candidate

PUBLICATIONS

^U *Mentored undergraduate student researcher*

- Cooper, A. N.,** Tau, C. T., Totenhagen, C. J., Randall, A. K., & Holley, S. (2020). Daily stress spillover and crossover: Moderating effects of difficulties in emotion regulation in same-sex couples. *Journal of Social and Personal Relationships* 37(4), 1245-1267.
- Cooper, A. N.,** May, R. W., & Fincham, F. D. (2019). Stress spillover and crossover in couple relationships: Integrating religious beliefs and prayer. *Journal of Family Theory and Review*, 11(2), 289-314. doi: 10.1111/jftr.12330
- May, R. W., **Cooper, A. N.,** & Fincham, F. D. (2019). Prayer in Marriage to Improve Wellness: Relationship Quality and Cardiovascular Functioning. *Journal of Religion and Health*. doi: 10.1007/s10943-019-00829-3
- ^UWiles B., **Cooper, A. N.,** & McWey, L. M. (2019). Using child services: The importance of the mother-child relationship and maternal social support. *Journal of Social Service Research*. doi: 10.1080/01488376.2018.1480567
- Lancaster, M., Seibert, G. S., **Cooper, A. N.,** Jaurequi, M. E., May, R. W., & Fincham, F. D. (2019). Relationship quality in the context of cyber dating abuse: The role of attachment. *Journal of Family Issues*, 1-20. doi: 10.1177/0192513X19881674.
- Cooper, A. N.,** May, R. W., & Fincham, F. D. (2018). God (s) in minds: Understanding deity representation in Christian and Hindu families through social relations modeling. *Psychology of Religion and Spirituality*, 11(2), 111-122. doi: 10.1037/rel0000237

- Wolford, S. N., **Cooper, A. N.**, McWey, L. M. (2018). Maternal depression, maltreatment history, and child outcomes: The role of harsh parenting. *American Journal of Orthopsychiatry*. doi: 10.1037/ort0000365
- McWey, L. M., Cui, M., **Cooper, A. N.**, Ledermann, T. (2018). Caregiver-adolescent disagreement on the mental health of youth in foster care: The moderating role of the caregiver relationship. *Child Maltreatment, 23*, 294-302. doi: 10.1177/1077559518769375
- Seibert, G. S., Jaurequi, M. E., May, R. W., **Cooper, A. N.**, Ledermann, T., Kimmes, J. G., & Fincham, F. D. (2018). Self-control, sleep disturbance, and the mediating role of occupational burnout in married couples. *Journal of Social and Personal Relationships*, doi: 10.1177/0265407518815978
- Cooper, A. N.**, Totenhagen, C. J., Randall, A. K., Curran, M. A. (2017). Daily relationship quality in same-sex couples: Attachment and Sacrifices. *Evolutionary and Behavioral Science, 10*, 146-160. doi:10.1037/ebs0000089
- Cooper, A. N.**, Totenhagen, C. J., McDaniel, B. T., & Curran, M. A. (2017). Volatility in daily relationship quality: The roles of attachment and gender. *Journal of Social and Personal Relationships, 35*, 348-371. doi:10.1177/0265407517690038
- Cooper, A. N.**, Seibert, G. S., May, R. W., Fitzgerald, M. C., & Fincham, F. D. (2017). School burnout and intimate partner violence: The role of self-control. *Personality and Individual Differences, 112*, 18-25. doi:10.1016/j.paid.2017.02.047
- Totenhagen, C. J., Randall, A. K., **Cooper, A. N.**, Tao, C., & Walsh, K. J. (2017). Stress spillover in same-sex couples: Concurrent and lagged daily effects. *Journal of GLBT Family Studies, 13*, 236-256. doi: 10.1080/1550428X.2016.1203273
- Withers, M. C., **Cooper, A.**, Rayburn, A. D., & McWey, L. M. (2016). Parent-adolescent relationship quality as a link in adolescent and maternal depression. *Children and Youth Services Review, 70*, 309-314. doi:10.1016/j.chilyouth.2016.09.035
- Randall, A. K., Tao, C., Totenhagen, C. J., Walsh, K. J., & **Cooper, A. N.** (2016). Associations between sexual orientation discrimination and depression among same-sex couples: Moderating effects of dyadic coping. *Journal of Couple & Relationship Therapy, 16*, 325-345. doi:10.1080/15332691.2016.1253520

MEDIA

Volatility in daily relationship quality: The roles of attachment and gender. SAGE Publications. Podcast.

CONFERENCE PRESENTATIONS

^U *Mentored undergraduate student researcher*

- Wolford, S. N., **Cooper, A. N.**, McWey, L. M. (2018, November). *Maternal depression, abuse history, & child outcomes: The role of harsh parenting.* Paper presented at the annual meeting of The National Council on Family Relations, San Diego, CA.
- Cooper, A. N.**, ^ULarson, E., May, R. W., & Fincham, F. D. (2018, November). *Cyber abuse and Facebook use: The role of attachment.* Poster presented at the 78th Annual American Association of Marriage and Family Therapists, Louisville, KY.
- Cooper, A. N.**, ^ULarson, E., May, R. W., & Fincham, F. D. (2018, November). *Social compensation and too much facebook: The role of attachment.* Poster presented at the 78th Annual American Association of Marriage and Family Therapists, Louisville, KY.
- Cooper, A. N.**, May, R. W., & Fincham, F. D. (2018, May). *Measuring causal attributions: Links to meaning of life.* Poster presented at the 30th Annual Convention of the Association for Psychological Science, San Francisco, CA.

- Cooper, A. N.**, Seibert, G. S., May, R. W., Stauner, N., Exline, J. J., & Fincham, F. D. (2017, May). *Post-election anger towards God: Supernatural attribution, emotion dysregulation and depression*. Poster presented at the 29th Annual Convention of the Association for Psychological Science, Boston, MA.
- Fincham, F. D., **Cooper, A. N.**, Seibert, G. S., May, R. W., Stauner, N., & Exline, J. J. (2017, May). *Post-election affect: Supernatural attribution and political party*. Poster presented at the 29th Annual Convention of the Association for Psychological Science, Boston, MA.
- ^UHarrison, A. M., Seibert, G. S., May, R. W., **Cooper, A. N.**, Jaurequi, M. E., ^UKennedy, A. L., ^UWagner, J. M., ^UHutchinson, M. E., Janzen, A. T., & Fincham, F. D. (2017, May). *Affect following election results: Self-control predictive for the losers, not the victors*. Poster presented at the 29th Annual Convention of the Association for Psychological Science, Boston, MA.
- Lancaster, M., **Cooper, A. N.**, Seibert, G. S., Jaurequi, M. E., May, R. W., & Fincham, F. D. (2017, October). *Partner Abuse Via Technology: The Role of Attachment*. Poster presented at the 77th Annual American Association of Marriage and Family Therapists, Atlanta, GA.
- Seibert, G. S., **Cooper, A. N.**, Lancaster, M., Jaurequi, M. E., May, R. W., & Fincham, F. D. (2017, October). *Self-control, burnout, & sleep disturbance: A dyadic account*. Poster presented at the 77th Annual American Association of Marriage and Family Therapists, Atlanta, GA.
- Cooper, A. N.**, Totenhagen, C. J., Randall, A. K., Holley, S., & Tao, C. T. (November 2016). *Daily Stress and Relationship Quality: The Role of Emotion Regulation*. Paper presented at the annual meeting of The National Council on Family Relations, Minneapolis, MN.
- Cooper, A. N.**, McWey, L. M., Cui, M. (September 2016) *Predicting caregiver-adolescent agreement on child behavior in foster care*. Paper presentation given at the annual meeting of the American Association of Marriage and Family Therapy, Indianapolis, IN.
- Wolford, S. N., **Cooper, A. N.**, McWey, L. M. (September 2016) *Maternal depression, abuse history, & child outcomes: The role of harsh parenting*. Paper presentation given at annual meeting of the American Association of Marriage and Family Therapy, Indianapolis, IN.
- Cooper, A. N.**, Totenhagen, C. J., Randall, A. K., Curran, M., & Smith, N. (November 2015). *Daily relationship quality in same-sex couples: Attachment and Sacrifices*. Poster presented at the annual meeting of The National Council on Family Relations, Vancouver, Canada.
- Totenhagen, C. J., Randall, A. K., **Cooper, A.**, Jones, N., & Schouest, L. (November 2015) *Stress spill-over in same-sex couples: Concurrent and lagged daily effects*. Paper presented at the National Council on Family Relations, Vancouver, Canada.
- Bragg, A., **Cooper, A. N.**, Totenhagen, C. J., Wilmarth, M. J., & Randall, A. K. (February 2015). *Examining sources of stress in same-sex parents*. Paper presented to the Alabama Association of Family & Consumer Sciences, Hoover, AL.
- Cooper, A. N.**, Totenhagen, C. J., McDaniel, B., Curran, M. (November 2014). *Volatility in daily relationship quality: The role of attachment*. Poster presented in November 2014 at National Council on Family Relations Conference, Baltimore, MD.
- Totenhagen, C. J., Randall, A. K., **Cooper, A. N.**, Adams, C. B., Ferreras, D. C., Howell, M., & Walsh, K. J. (November 2014). *It's OUTside our relationship: Effects of outness on stress in same-sex relationships*. Paper presented at National Council on Family Relations conference, Baltimore, MD.
- Loving, A. N.**, Fetterer, M., Xu, S., Karim, P. (May 2012). *An ovulation study: How color and scent influence arousal and attraction*. Poster presented at the National Midwestern Psychological Association Conference, Chicago, IL.

****Name Change from Loving to Cooper in 2013.**

RESEARCH EXPERIENCE

- May 2017-Present** **Graduate Research Assistant**
The Family Institute, Florida State University: Tallahassee, FL
Duties: Provided critical feedback regarding study design, organized data collection and data cleaning. Conducted analyses and wrote manuscripts both independently and collaboratively.
- Aug 2015-May 2017** **Graduate Research Assistant**
Family and Child Sciences Department, Florida State University: Tallahassee, FL
Duties: Performed exhaustive literature searches and aided in research development and plan of analysis. Drafted IRB applications and manuscripts. Assisted in administrative tasks and organization of information. Lenore McWey Ph.D., supervisor.
Major Projects:
Liaison for PhD Applicant Interviews: Organized schedule for interviews, communicated directly with applicants regarding schedule and housing, communicated with students providing housing to applicants, matched applicants and students to organize housing arrangements, planned dinners and transportation to and from events.
Liaison for Practice Research Network: Communicated as site liaison with data consortium leader for the Practice Research Network – collaboration between multiple academic institutions, created site-specific procedures and protocol for collecting data from clients at the university associated couple and family therapy clinic, trained clinicians and staff on protocol, oversaw the implementation of procedures and attended to issues that arose.
- Aug 2013-May 2015** **Graduate Research Assistant**
Human Development and Family Studies Department, University of Alabama: Tuscaloosa, AL. *Duties:* Performed exhaustive literature searches and aided in research development. Organized surveys in internet platform and collecting data. Recruited participants and organized communication with participants, concerning enrollment, reminders, and completion/payment. Organized participant information and completion progress. Cleaned data for analyses, and conducted analyses.

MAJOR RESEARCH PROJECTS AND TEAMS

- 2020-Present** **Couple and Family Research Team**
Supervisor: Dr. Thomas Ledermann
Research: *Investigation daily couple dynamics over time, unique stressors (e.g. minority stress, eating disorders, religious coping, and relational consequences of COVID-19).*
- 2016-Present** **Research on Relationships and Religion**
Supervisor: Dr. Frank D. Fincham

Research: *Investigating relationship dynamics between romantic partners, daily experiences of stress, and the role of prayer and religion in concerns to relationship outcomes such as, relationship quality, satisfaction, conflict, and coping.*

Example Projects:

Data Collection and Writing (Research Assistant to Dr. Frank Fincham). Provided critical feedback regarding study design, organized data collection and data cleaning. Conducted analyses and wrote manuscripts both independently and collaboratively.

2015-2018

Research in Parent-Child Relationships

Supervisor: Dr. Lenore McWey, LMFT

Research: *Investigating relationship dynamics between caregiver/parent and child and child outcomes, including inter-rater agreement, relationship quality, conflict tactics and child internalization/externalization.*

Example Projects:

ICC-Caregiver-Child Agreement, Child Internalization (Graduate Assistant to Dr. Lenore McWey). Provided critical feedback regarding study design and data cleaning. Participated in analysis and organized manuscript writing.

Conflict & Relationship Quality- Parent History of Abuse & Mental Health, Conflict Tactics, and Child Internalization and Externalization. Performed exhaustive literature searches and aided in research development. Cleaned data for analysis, and conducted analyses. Collaborated with Dr. Lenore McWey and other graduate/undergraduate students in choosing and merging data to be used in analysis. Organized and participated in manuscript writing.

2013-2015

Research in Romantic Relationships

Supervisor: Dr. Casey Totenhagen

Research: *Investigating relationship dynamics with the use of daily diary surveys, including relationship quality, stress, sacrifices, and attachment security.*

Projects:

SSS- Stress in Same Sex Relationships. (Graduate Assistant) Organized surveys in internet platform and collected data. Cleaned data for analyses, and conducted analyses. Provided critical feedback on recruitment and data cleaning. Collaborated with primary investigator and other graduate/undergraduate students in choosing and collecting measures to be used in data collection. Compiled codebook (including scoring information) for measures.

SHARE- Sacrifices, Hassles and Relationship Experiences. (Graduate Assistant). Performed exhaustive literature searches and aided in research development. Organized surveys in internet platform and collecting data. Recruited participants and organized communication with participants. Organized participant information and completion progress. Cleaned data for analysis, and conducted analyses. Collaborated with primary investigator and other graduate/undergraduate students in choosing and collecting measures to be used in data collection. Compiled codebook (including scoring information) for measures.

2011-2012

Research in Human Sexuality

Supervisor: Dr. Heather Meggers-Wright

Research: Investigated the effect of a color and scented ovulatory primes on arousal and attraction levels in males.

- 2011** **Research in Social and Cognitive Psychology**
Supervisor: Dr. Shane Pitts
Research: Developed a research experiment to assess implicit and explicit attitudes towards secular groups like Atheists.
- 2010-2011** **Research in American Religions and Psychology**
Supervisor: Dr. Larry Brasher (RE) & Dr. Tricia Witte (PY)
Research: Investigated the correlation between general relationship attachment style and attachment style to a deity figure in Judeo-Christian faiths.

TEACHING EXPERIENCE

- May 2017-Present** **Instructor of Record**
Stress and Resilience in Families
Research Methods in Human Development and Family Science
Contexts of Adolescent Development
- May-Aug 2016** **Teaching Assistant**
Family and Child Science Department, Florida State University: Tallahassee, FL.
Duties: Graded and Organized assignments and tests. Entered scores and provided feedback. Assisted in course planning and development as well as providing guest lectures.
- Aug 2013-May 2015** **Teaching Assistant**
Human Development and Family Studies Department, University of Alabama: Tuscaloosa, AL. *Duties:* Graded and Organized assignments and tests. Entered scores and provided feedback. Assisted in lectures and class management as well as organized tutoring sessions. Prepared and delivered guest lectures and facilitated class activities. Assisted in program planning and development.

CLINICAL EXPERIENCE

- Aug 2016-Present** **Clinical Supervisor**
Center for Couple and Family Therapy, Florida State University: Tallahassee, FL
Duties: Provided individual and group supervision to clinicians at the masters and doctoral level. Provided specialized training for the treatment of interpersonal violence. Kristy Greene, Ph.D., LMFT, supervisor. Florida State University: Tallahassee, FL
- Aug 2015-Present** **Marriage and Family Therapist**
Center for Couple and Family Therapy, Florida State University: Tallahassee, FL
Duties: Facilitated therapy with individuals, couples, and families, charted daily client progress and managed client accounts and payments. Participated in field-based practicum experience while receiving weekly site supervision and on-campus individual and group supervision. Kristy

Greene, Ph.D., LMFT, supervisor. Florida State University: Tallahassee, FL

May 2014-May 2015 Counseling Internship

Women and Gender Resource Center, The University of Alabama: Tuscaloosa, AL

Duties: Provided individual and group counseling for survivors of interpersonal violence, hospital and court accompaniment, on-call crisis counseling, and academic advocacy on an intensive field placement at The University of Alabama's Women and Gender Resource Center.

Participated in case staffing and treatment planning, maintained client records in accordance with site policies, consulted with psychiatrists and other treatment providers, and provided referrals to additional appropriate services. Kathy Echols, Ph.D., LPC, supervisor.

Jan 2014-June 2015 Marriage and Family Therapist

Capstone Family Therapy Clinic, The University of Alabama: Tuscaloosa, AL

Duties: Facilitated therapy with individuals, couples, and families, charted daily client progress and managed client accounts and payments. Participated in field-based practicum experience while receiving weekly site supervision and on-campus individual and group supervision. Multiple LMFT supervisors.

PROFESSIONAL SERVICE

Jan 2016-Present Ad Hoc Reviewer

Journal of Marital and Family Therapy

Evolutionary Behavioral Science

Journal of Social and Personal Relationships

Personality and Individual Differences

Jan 2019- Present CCFT and FSU Victim Advocacy Program Liaison

Supervised the treatment of students with a history of interpersonal trauma, coordinated referrals to services provided by multiple programs on campus. Led support groups. Organized program wide trainings with visiting speakers to bolster clinical and supervisory skills in the treatment of interpersonal violence.

Major Projects: Planned and organized clinical education and training on treating interpersonal violence, including guest lecturers. Development, instituted, and ran a support group for survivors of interpersonal trauma while training co-facilitators on the dynamics of interpersonal trauma and support group leadership.

Oct 2017-May 2018 Faculty Search Committee

Student Representative Committee Member, Human Development and Family Science, Florida State University.

Duties: Reviewed applicant materials and provided feedback on decisions for interviews. Participated in web-based and campus interviews. Transported interviewees, coordinated graduate student meetings with interviewees and meals, and attended/participated in interview presentations and interviews with the committee.

Sept 2015-Aug 2017 Tallahassee Association of Marriage and Family Therapy

Board Member: Website and Online Communication, Workshop Facilitation

Duties: Developed and maintained website and updated social media site to keep community members up to date with events and training workshops. Led and organized workshops for continued education of clinicians in the field. Kristy Greene Ph.D., supervisor and board president 2015-2017.

Aug 2015-Aug 2016 Doctoral Apprentice Reviewer

Journal of Marital and Family Therapy.

Duties: Read and provided reviews of articles submitted to JMFT under the guidance and supervision of MFT faculty adviser. Lenore McWey Ph.D., supervisor.

Jan 2012-Aug 2015 Volunteer: Crisis Response

Crises Center, Rape Response, Birmingham, AL.

Duties: Counseled sexual assault survivors through the initial emotional turmoil following an attack. Guided victims through sexual assault nurse examinations and evidence collection. Educated victims on resources available as well as the next steps in recovery, such as support groups and professional counseling at the Crisis Center, as well as legal action. Worked 12 hour call shifts with 400+ volunteer hours.

PROFESSIONAL MEMBERSHIPS

National Council on Family Relations
American Psychological Association
International Association for Relationship Research
Florida Association of Marriage and Family Therapy
American Association of Marriage and Family Therapy

AWARDS AND HONORS

2015 Michael K. Filligant Scholarship- Crises Center, Birmingham AL (\$1000)
2015 Best Abstract by a Student or New Professional- NCFR Research and Theory Section (\$200)
2015 FSU Family and Child Sciences Jeff and Nancy Robison Scholarship (\$1400)
2014 UA Department of Family Studies and Human Development Travel Award (\$350)
2008 Alpha Lambda Delta Honorary Society
2008 Phi Eta Sigma Honorary Society