

VALENTINA F. ITURRIAGA

VI18@MY.FSU.EDU

SANDALS BUILDING FLORIDA STATE UNIVERSITY TALLAHASSEE, FL 32306

EDUCATION

- Florida State University, Tallahassee, FL 2024 (*Anticipated*)
Doctor of Philosophy in Marriage and Family Therapy
College of Human Sciences
COAMFTE Accredited
- Florida State University, Tallahassee, FL May 2020
Master of Science in Counseling and Human Systems
Education Specialist in Counseling and Human Systems
College of Education
CACREP Accredited
- Florida International University, Miami, FL May 2018
Bachelor of Arts in Psychology
Certificate in Women and Gender Studies

RESEARCH EXPERIENCE

- Research Team Lead** 2018 - 2020
Resilience and Protective Factor Initiative, Tallahassee, FL
Project: Trauma & Resilience in Latino/a Youths & Their Parents: A Cultural Comparative Analysis and Validation of Protective Factors Associated with Positive Adaptation
Supervisor: Machel Madsen Thompson Ph.D., LCSW
- Collect, and analyze qualitative data to validate resilience and culture specific protective factor assessment tools
 - Interview, train, and supervise undergraduate research assistants
 - Review and accumulate relevant peer-reviewed research articles
 - Review grant proposals and IRB applications
 - Document translation (English to Spanish)
 - Attended conferences to present on findings
 - Coordinate communication between research teams
- Undergraduate Research Assistant** 2018 - 2020
Memory and Cognition Lab, Florida International University, Miami, FL
Supervisor: Ronald Fisher, Ph.D.
- Collect and code qualitative data
 - Review and accumulate relevant peer-reviewed articles on memory, cognition and witness testimony
 - Attend weekly team meetings
 - Assist in participant recruitment

RESEARCH PRESENTATIONS

- Monk, M., Spitz, C., **Iturriaga, V.**, Tawfiq, D., & Norzea, L. (2020) Trauma and aggression in youth: A review of current literature and recommendations. Florida Mental Health Counseling Association Conference 2020. Lake Mary, Florida.
- Iturriaga, V.**, Tawfiq, D., Monk, M., & Crenshaw, E. (2019). No place called home: Contextualizing the impact of deportation and the need for counseling and social justice advocacy for undocumented families. Florida Mental Health Counseling Association Conference 2020. Lake Mary, Florida.
- Thompson, M., & **Iturriaga, V.** Resilience best practices: Assessing and implementing protective factors across cultures. National Healing Neen Trauma Informed Care Conference 2019. Orlando, FL. (Guest Speaker)
- Tawfiq, D., **Iturriaga, V.**, & Monk, M. (2019). Implications of trauma informed care maltreatment in adult severe obesity and dysfunctional eating patterns: Implications for trauma informed care. Florida Counseling Association Trauma Symposium 2020. Clearwater, Florida.
- Iturriaga, V.**, Crenshaw, E., Turner, K., & Tawfiq, D. (2018). Culturally competent counseling with migrants, asylum seekers, and refugees from Central America. Florida Mental Health Counseling Association Conference 2019. Lake Mary, Florida.
- Tawfiq, D., **Iturriaga, V.**, Crenshaw, E. (2018). Risk factors, resilience and implications of occupational burnout on counselors and patient outcomes. Florida Mental Health Counseling Association Conference 2019. Lake Mary, Florida.
Awarded 1st place in FMHCA poster presentation competition

CLINICAL EXPERIENCE

- Intern Therapist** Jan 2018 - Present
Center for Couple and Family Therapy Florida State University, Tallahassee, FL
Supervisors: Kristen Greene, Ph.D., LMFT
- Provide individual, couples, and family therapy to FSU students and community members
 - Attend individual and group supervision
- Intern Therapist** June 2019 - Dec 2019
Machelle Madsen Thompson, Private Practice Tallahassee, FL
Supervisors: Madsen Thompson, Ph.D., LCSW
- Administer trauma and resilience assessments in English and Spanish to children ages 5-17
 - Attend individual and group supervision

TEACHING EXPERIENCE

- Teaching Assistant** Aug 2020 - Present
Florida State University, Tallahassee, FL
CHD3243 Contexts of Adolescent Development
- Grade student assignments, enter scores and provide feedback

- Hold office hours to assist students and respond to day-to-day course correspondence

CERTIFICATIONS AND TRAININGS

Program for Instructional Excellence (PIE), TA Training, Florida State University	2020
Identifying and Reporting Child Abuse and Neglect <i>Florida Department of Children and Families</i>	Jan 2020
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Web 2.0 <i>Medical University of South Carolina, The National Traumatic Stress Network</i>	2020
Gottman Method Couples Therapy Level 1 Certified <i>Gottman Research Institute</i>	Oct 2019
Florida State University Allies & Safe Zones Program	2019
Human Subjects Training <i>Institutional Review Board (IRB)</i>	2019

HONORS AND AWARDS

Robert E. Lee Endowed Scholarship, Florida State University	2020
Graduated Summa Cum Laude, Florida State University	2020
FSU College of Education International Travel Scholarship	2019
Florida Mental Health Counseling Association Conference <i>1st place in research poster presentation competition</i>	2019
Graduated Summa Cum Laude, Florida International University	2018
National Hispanic Scholar, Hispanic Scholarship Fund	2017

PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS

FSU Counseling Student Research Association (CSRA) <i>Co-founder & Secretary</i>	2018 - 2020
FSU Counselor Education Student Association (CESA)	2018 - 2020
Florida Mental Health Counseling Association	2018 - 2020
American Mental Health Counseling Association	2018 - 2020
Psi-Chi, International Honor Society in Psychology	2016 - 2018

PROFESSIONAL SERVICE AND OTHER EXPERIENCE

Co-host and Organizer CRSA Annual Graduate Student Research Writing Workshop Florida State University, Tallahassee, FL	June 2019
Student Volunteer Women's Center, Florida International University, Miami, FL	Jan 2018 - June 2018
Student Ambassador Women Who Lead Conference, Florida International University, Miami, FL	March 2018
Elementary School Tutor (Private) Miami, FL	2011 - 2015

LANGUAGES

Fluent in English and Spanish